

Ho Sposato Un Narciso Manuale Di Sopravvivenza Per Donne Innamorate

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I Married You for Happiness - Lily Tuck 2011-09-06

A "captivating" portrait of a long marriage and a meditation on how chance can affect life from the National Book Award winner (The Washington Post). "His hand is growing cold, still she holds it" is how this novel that contemplates love, after a husband's sudden death, begins. This riveting and deeply moving story unfolds over a single night, as Nina, numb with grief, sits at the bedside of her husband, Philip, whose unexpected death is the reason for her lonely vigil. There, she recalls the defining moments of their forty-three-year-long union, beginning with their meeting in Paris. She is an artist, he a mathematician—a collision of two different worlds that merged to form an intricate and passionate love. As Nina revisits select memories—real and imagined—Lily Tuck reveals the intimacies, dark secrets, and overwhelming joys that shaped the couple's life together.

Faith and Freedom - Teresa Forcades 2016-11-28

Teresa Forcades, Spanish Benedictine nun, theologian, physician and political activist, is one of Europe's leading radical thinkers. Marrying her Catholic faith with a passion for social justice, she came to prominence for her eloquent condemnation of the abuses of some of the world's biggest pharmaceutical companies. She has gone on to found a leading Catalan anti-capitalist independence movement and is one of the leading voices in the world today against the injustices of capitalism and the patriarchy of modern society and of her own church. In *Faith and Freedom*, her first book written in English, she skilfully weaves together her personal experiences with a reflection on morality, religion and politics to give a trenchant account of how the Christian faith can be a dynamic force for radical change. Placing herself in a powerful tradition of Catholic social doctrine and Liberation Theology, she applies her perspective to the issues most precious to her: freedom and love, social justice and political engagement, public health, feminism, faith and forgiveness. Structured around the five canonical hours that give its peculiar rhythm to the monastic day, this book is a thoughtful and bold polemic against the exploitation and injustice of the status quo. Its call for liberty, love and justice will resonate with anyone disaffected with a savage and destructive political and economic system that marginalises and murders the poor and undermines the very fabric of social life.

I serial killer dell'anima - Cinzia Mammoliti 2012-07-12

Chi sono i serial killer dell'anima? Come agiscono? Perché certi uomini si presentano in un modo e poi si rivelano completamente diversi? Cosa induce molte donne a farsi maltrattare? Perché a fronte di molestie, umiliazioni e vessazioni costanti anziché fuggire rimangono accanto al loro persecutore? Spesso il crimine non viene neppure denunciato perché compiuto proprio dalle persone che più si amano, e che si sentono così autorizzate a continuare a delinquere nel silenzio di chi viene abusato. Il più delle volte infatti le vittime non prendono in considerazione le proprie esigenze e i propri diritti, ma consentono al manipolatore di molestarle, opprimerle, umiliarle. Paure e sensi di colpa inutili concorrono poi a peggiorare la situazione, e la vittima cade in relazioni dolorose e destabilizzanti dalle quali liberarsi rappresenta, a volte, un'impresa titanica.

Law and the Media - Lieve Gies 2007-12-06

Introducing readers to the study of law, media and popular culture, this text, using three original case studies, re-examines the assumptions underpinning existing research and suggests alternatives. Arguing that the study of law, media and popular culture should be embedded in the sociology of everyday life, the author focuses on four specific topics, in which there is scope for further development. These are the facts that: the current literature in this field predominantly focuses on crime,

neglecting the way the media portrays less spectacular, more run-of-the-mill legal topics fiction, primarily, has captured scholars' attention, with remarkably less being paid to representations of law, other than crime, in factual media textual analysis continues to be the preferred method in the study of law and the media the literature is dominated by a fear of corrosive media effects, while the potential of the media and popular culture to improve public legal knowledge, facilitate access to justice and promote legal change remains largely undocumented. Exploring the often uneasy relationship between law and popular culture from specific socio-legal perspectives, including systems theory, semiotics of law and legal pluralism, this book is an essential read for those studying and researching in this area.

Los Narcisistas Perversos y las uniones imposibles - Enrico Maria Secci 2019-03-05

Los Narcisistas Perversos y las uniones imposibles explora los mecanismos y las dinámicas psicológicas de la dependencia emocional a través del análisis del mito de Narciso y del trastorno de personalidad narcisista. Después del éxito de la versión italiana y de la traducción en inglés, finalmente llega en español el libro que, rico en ejemplos clínicos y testimonios, identifica las etapas de la dependencia emocional e individua estrategias terapéuticas dirigidas a romper los círculos viciosos de la relación con el narcisista para meterse a salvo. Enrico Maria Secci, psicólogo y psicoterapeuta, está especializado en psicoterapia estratégica integrada. Desde hace quince años, se ocupa de trastornos ansiosos y depresivos, de las dependencias afectivas y otros trastornos relacionales en la edad adulta. Es autor de Blog Therapy, un blog de psicología y psicoterapia con más de 4,000,000 de visitas.

Le donne dalla A alla Z. Dizionario semiserio di psicologia femminile: per capire ed essere capite - Francesco Aquilar 2006

The Silent Duchess - Dacia Maraini 2000-01-01

Finalist for the International Man Booker Prize, winner of the Premio Campiello, short-listed for the Independent Foreign Fiction Award upon its first English-language publication in the UK, and published to critical acclaim in fourteen languages, this mesmerizing historical novel by one of Italy's premier women writers is available in the United States for the first time. *The Silent Duchess* is the story of Marianna Udra, the victim of a mysterious childhood trauma that has left her deaf and mute, trapped in a world of silence. In luminous language that conveys both the keen visual sight and the deep human insight possessed by her remarkable main character, Dacia Maraini captures the splendor and the corruption of Marianna's world and the strength of her unbreakable spirit.

Family Development in Three Generations - Reuben Hill 2017-07-12

Family Development in Three Generations is an unusual kind of multi-generational gathering--the result of a massive, in-depth research effort. It is based upon Hill's personal interviews conducted with over 300 families during the course of a year. The discussion results from these interviews, from the statistical information that they produced, and from Hill's consultation with five other fellow researchers. This scholarly contribution to the family field thoroughly analyzes the complexities of the modified generational network. As a multi-generational study, it is pervaded by the vigorous spirit that usually characterizes such research. In his preface to *Family Development in Three Generations* Reuben Hill invites the reader "to drop in on any generational gathering" where "you will hear how much better or worse life was in grandfather's day than today." Such discussions are usually controversial and center upon shared experiences. Such rhetoric, polemic, and energy sustain conversations among generations. *Family Development in Three*

Generations penetrates to the life center of intimate change in American society. It is a wide-ranging volume that presents varied and highly significant insights into many fields. Scholars will find it a vital contribution to their knowledge of the subject and laymen will find it full of valuable information that they can profitably apply to their own families. The work is widely recognized as a classic in longitudinal analysis of family life.

Personas altamente sensibles - Sylvia Harke

Ho sposato un narciso. Manuale di sopravvivenza per donne innamorate - Umberta Telfener 2019

What Hell Is Not - Alessandro D'Avenia 2019-01-24

The school year is finished, exams are over and summer stretches before seventeen-year-old Federico, full of promise and opportunity. But then he accepts a request from one of his teachers to help out at a youth club in the destitute Sicilian neighbourhood of Brancaccio. This narrow tangle of alleyways is controlled by local mafia thugs, but it is also the home of children like Francesco, Maria, Dario, Totò: children with none of Federico's privileges, but with a strength and vitality that changes his life forever. Written in intensely passionate and lyrical prose, *What Hell Is Not* is the phenomenal Italian bestseller about a man who brought light to one of the darkest corners of Sicily, and who refused to give up on the future of its children.

Parlare d'amore. Psicologia e psicoterapia cognitiva delle relazioni intime - AA. VV. 2015-02-12T00:00:00+01:00

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The Novel Cure - Ella Berthoud 2013-10-08

A novel is a story, a collection of experiences transmitted from the mind of one to the mind of another. It offers a way to unwind, a way to focus, a way to learn about life—distraction, entertainment, and diversion. But it can also be something much more powerful. When read at the right time in your life, a novel can—quite literally—change it. *The Novel Cure* is a reminder of that power. To create this apothecary, the authors have trawled through two thousand years of literature for the most brilliant minds and engrossing reads. Structured like a reference book, it allows readers to simply look up their ailment, whether it be agoraphobia, boredom, or midlife crisis, then they are given the name of a novel to read as the antidote.

The Trouble with Women - Jacky Fleming 2016-09-20

Ever noticed that women don't feature much in history books, and wondered why? Then this is the book for you. In *The Trouble with Women*, feminist artist Jacky Fleming illustrates how the opinions of supposed male geniuses, such as Charles Darwin (who believed that women have smaller brains than men) and John Ruskin (who believed that women's main function was to praise men), have shaped the fate of women through history, confining them to a life of domesticity and very little else. Get ready to laugh, wince, and rescue forgotten women from the "dustbin of history," while keeping a close eye out for tell-tale "genius hair."

The Book of Disquiet - Fernando Pessoa 2010-12-09

Sitting at his desk, Bernardo Soares imagined himself free forever of Rua dos Douradores, of his boss Vasques, of Moreira the book-keeper, of all the other employees, the errand boy, the post boy, even the cat. But if he left them all tomorrow and discarded the suit of clothes he wears, what else would he do? Because he would have to do something. And what suit would he wear? Because he would have to wear another suit. A self-deprecating reflection on the sheer distance between the loftiness of his feelings and the humdrum reality of his life, *The Book of Disquiet* is a classic of existentialist literature.

Mental Pathology and Therapeutics - Wilhelm Griesinger 1882

"I am happy to be able at last to place in the hands of the profession the long-delayed second edition of this work. It is not entirely a new work, many chapters remain entirely unaltered; many others, however, have undergone correction and remodelling, and, in particular, great additions have been made, which I hope may be considered as adding to the value of the work. Fewest changes have been necessary in the description of the special forms of insanity: melancholia, mania, dementia, etc., have indeed remained the same since 1845. Most alterations and additions occur in the parts relating to etiology, pathological anatomy, the anatomy of the brain, the psychological introduction, the complications of insanity, and treatment. An entirely new section on the general diagnosis of mental disease has been added, and also a section on idiocy and cretinism. This subject is entirely omitted in the first edition. Since the date of its publication I have had occasion and opportunity more

immediately to employ myself with these states through my connection with the idiot asylum of Mariaberg, which was under my direction during the latter period of my residence in Würtemberg. The number of illustrative cases have been increased by the addition of several interesting examples: in many of the more important chapters the principal literature is given to the reader who desires further information; finally, I have, as often as opportunity occurred, sought to elucidate the medicolegal aspect of psychiatry from the stand-point of the doctrines contained in this work, and, as occasion offered, expressed my views shortly but distinctly concerning much that is related to the present state of medical psychology. In this I had solely the interests of science and the profit of the reader in view, totally regardless of the censure or applause of this or of that school"--Preface. (PsycINFO Database Record (c) 2010 APA, all rights reserved).

The Greeks and the Irrational - Eric R. Dodds 2004-06-16

In this philosophy classic, which was first published in 1951, E. R. Dodds takes on the traditional view of Greek culture as a triumph of rationalism. Using the analytical tools of modern anthropology and psychology, Dodds asks, "Why should we attribute to the ancient Greeks an immunity from 'primitive' modes of thought which we do not find in any society open to our direct observation?" Praised by reviewers as "an event in modern Greek scholarship" and "a book which it would be difficult to over-praise," *The Greeks and the Irrational* was Volume 25 of the Sather Classical Lectures series.

The Crime Writer - Jill Dawson 2017-06-06

From acclaimed novelist Jill Dawson comes this imaginative psychological thriller—a dark and compelling snapshot into the life of Patricia Highsmith that immerses readers into the intoxicating, nightmarish psyche of this brilliant, complex author. When novelist Patricia Highsmith moves into a small cottage in Suffolk, England, in the mid-1960s, she's seeking seclusion and time to write. There's another reason for seeking privacy too—Pat is involved in a secret romance with Sam, a married woman living in London. But even in this quaint village, Pat can't escape the obligations of her success. A young reporter, Virginia "Ginny" Smythson-Balby, sets her sights on Pat for an article she's writing. Ginny is both tenacious and oddly familiar, but Pat can't quite place where she's seen her before. Intent on unearthing details about Pat's fascination with not just the subject of murder but the psychology of a murderer, Ginny constantly intrudes into the sanctuary Pat had hoped to create, much to her dismay. As Pat observes, love is a kind of madness. And when Sam comes for a visit, tension between Pat and Sam's husband escalates with deadly results. For so long she's wondered what it would feel like to commit the ultimate transgression. Now she's not just a chronicler of murder and violence, but a participant as she becomes a character from her own thrilling, disturbing novels. But just like her books, she discovers crime has consequences...dark, surprising, and inescapable. Jill Dawson deftly explores the public and private life of one of the most intriguing writers of our time, blending fact and fiction in a novel as thrilling as Patricia Highsmith's own work.

Guariti per amare - Shara Pirrotti 2020-04-09

Il libro raccoglie testimonianze di narcisismo patologico in diversi ambiti relazionali (coppia, famiglia, lavoro, scuola, amicizia), senza trascurare dettagli crudi e talvolta scabrosi, perché i lettori apprendano con chiarezza l'orrore intrinseco a qualunque relazione di abuso, che distrugge quotidianamente la vita di molte persone. Scopo dell'indagine è, innanzi tutto, trarne un beneficio personale, superare l'esperienza e guarire dall'abuso subito. Secondariamente, sensibilizzare l'opinione pubblica su questo grave disturbo, ancora poco conosciuto ma così tanto diffuso, che affligge la nostra società, elencando con chiarezza le varie fasi dell'approccio narcisistico, per riconoscerne il modus agendi prima ancora di esserne danneggiati, e per riuscire a fuggire dalle relazioni tossiche, qualunque sia il tipo di legame che unisce vittima e carnefice. Il libro si propone anche di suscitare un dibattito serio e impegnato con terapeuti, forze dell'ordine e legislatori, perché entrambi i sessi siano tutelati dalla violenza narcisistica con una normativa adeguata, frutto di un'adeguata informazione.

Ethical and Aesthetic Explorations of Systemic Practice - Pietro Barbetta 2022

"In *Ethical and Aesthetic Explorations of Systemic Practice*, the four co-authors come together to rhizomatically consider how systemic theories can be reinvigorated in the present day. This fascinating book uses the ideas and work of renowned anthropologist Gregory Bateson as a springboard from which to examine the fundamental tenets of systemic theory and practice, as well as looking to the work of Deleuze, Guattari, Maturana, Varela and von Foerster. Including contributions from a range

of renowned therapists, each chapter examines the guiding principles from a critical perspective, asking questions around the ontology of the therapeutic encounter and the technique of therapy itself. This revivifying volume will be of interest to systemic professionals, and those looking at how the systemic community can continue to grow and evolve"--

In Praise of Forgiveness - Massimo Recalcati 2020-05-19

Relationships fall apart, marriages fail, couples break up – it happens to us all. Time corrodes passion and the routines of daily life kill the excitement that surrounds the emotion of the first encounter. The difficulty of uniting sexual pleasure with love, which Freud considered to be the most common neurosis in any love life, has become emblematic of a truth that seems undeniable: desire is destined to die if its object is not constantly renewed, if we do not change partner, if it is closed for too long in the restrictive chamber of the same bond. And yet what happens to these bonds when one of the two partners betrays the other, when the promise fails, when there is another emotional experience cloaked in secrecy and deceit? What happens if the traitor then begs forgiveness? Are they asking to be loved again and, having declared that it is not like it used to be, now want everything to go back to how it was? Should we make fun of lovers in their attempts to make love last? Or should we try to face up to the experience of betrayal, with the offence caused by the person we love most? Should we not perhaps attempt to praise forgiveness in love?

Perverse Narcissists and the Impossible Relationships - Surviving love addictions and rediscovering ourselves - Enrico Maria Secci 2016-08-22

Perverse Narcissists and the Impossible Relationships explores mechanisms and psychological dynamics of the love addiction through the analysis of the myth of Narcissus and the narcissistic personality disorder. With lots of clinical cases and stories, the book defines the phases of love addiction and related therapeutic strategies which aim at interrupting the vicious circles of the relationship with a narcissist and saving ourselves. After its success in Italy, Perverse Narcissists and the Impossible Relationships is available in the English version for a worldwide distribution both in paper and digital format.

In Search of a Glorious Death - Carlo Mazzantini 1992

This autobiographical narrative provides an alternative perspective of World War I, recounting the experiences of a Roman schoolboy who volunteered to fight against the Allies after Italy surrendered in 1943. But he is not sent to the front. Instead, with professional soldiers from the Russian front and fanatical fascists, he fights in the civil war that raged in Mussolini's puppet state. He is captured in Milan after the German surrender and is spared execution by his captors, boys of his own age.

The Translingual Imagination - Steven G. Kellman 2000-01-01

It is difficult to write well even in one language. Yet a rich body of translingual literature -- by authors who write in more than one language or in a language other than their primary one -- exists. The Translingual Imagination is a pioneering study of the phenomenon, which is as ancient as the use of Arabic, Latin, Mandarin, Persian, and Sanskrit as *linguae francae*. Colonialism, war, mobility, and the aesthetics of alienation have combined to create a modern translingual canon. Opening with an overview of this vast subject, Steven G. Kellman then looks at the differences between ambilinguals -- those who write authoritatively in more than one language -- and monolingual translinguals -- those who write in only one language but not their native one. Kellman offers compelling analyses of the translingual situations of African and Jewish authors and of achievements by authors as varied as Mary Antin, Samuel Beckett, Louis Begley, J. M. Coetzee, Joseph Conrad, Eva Hoffman, Vladimir Nabokov, and John Sayles. While separate studies of individual translingual authors have long been available, this is the first in-depth study of the general phenomenon of translingual literature.

Sadhana - Anthony De Mello 1984-09-01

Christian Exercises in Eastern Form Truly a one-of-a-kind, how-to-do-it book, this small volume responds to a very real hunger for self-awareness and holistic living. It consists of a series of spiritual exercises for entering the contemplative state -- blending psychology, spiritual therapy, and practices from both Eastern and Western traditions. Anthony de Mello offers here an unparalleled approach to inner peace that brings the whole person to prayer -- body and soul, heart and mind, memory and imagination. In forty-seven exercises that teach things such as awareness of physical sensations, stillness, healing of hurtful memories, and consciousness of self and world, de Mello succeeds in helping all who have ever experienced prayer as difficult, dull, or

frustrating. The essential key, he notes, is to journey beyond mere thought-forms and discover satisfying new depths in prayer from the heart. This allows for a greater sense of awareness amid silence, and disposes the one who prays to untold riches, spiritual fulfillment, and ultimately, a mystical experience of God-centeredness. Drawing on Scripture, as well as insights from Eastern and Western spiritual masters, the author has a unique appeal that transcends time, culture, and religious background. For many years a bestseller in the English language, *Sadhana* has now been translated into more than two dozen foreign languages. Readers the world over have eagerly received this sincere spiritual leader, who has led many toward the wealth of insight and spirit that dwells within them.

I Narcisisti Perversi e le unioni impossibili - Enrico Maria Secci 2014-11-28

"I narcisisti perversi e le unioni impossibili" esplora i meccanismi e le dinamiche psicologiche della dipendenza affettiva attraverso l'analisi del mito di Narciso e del disturbo narcisistico di personalità. Ricco di esempi clinici e di testimonianze, il libro individua le fasi della dipendenza affettiva e prospetta strategie terapeutiche mirate a interrompere i circoli viziosi della relazione col narcisista per mettersi in salvo. Enrico Maria Secci, psicologo e psicoterapeuta, è specializzato in psicoterapia strategica integrata. Da quindici anni, si occupa di disturbi ansiosi e depressivi, dipendenze affettive e disturbi relazionali nell'età adulta. È autore di Blog Therapy, blog di psicologia e psicoterapia di Tiscali con oltre 1.500.000 di visite. Cura, su Tiscali, la rubrica di Salute e Lifestyle. Super Survivors - Janina Scarlet 2021-02-25

How do we survive when it feels like our world has ended? This interactive book is for anyone that has experienced trauma and feels the after-effects of fear, panic, worry, anxiety, anger or depression. You will join a group of other survivors who have lived through extraordinary times and situations, including a doctor who saw many patients die in a pandemic, a firefighter who feels ashamed about developing anxiety after a major tragedy, a nurse who lost a sibling in a school shooting, and others affected by a global health crisis and trauma in differing ways. This self-help manual is based on the techniques of Superhero Therapy and Acceptance and Commitment Therapy and will teach you the skills of acceptance, mindfulness, self-compassion, sense of purpose and commitment to action, as well as helping you to develop your own survivor story. This is the first book of its kind to help us deal with the realities and mental health impact of a world emerging from the unprecedented effects of COVID-19, as well as other natural disasters and violence.

L'era del narcisismo - Vincenzo Cesareo 2012-09-21T00:00:00+02:00 1571.4

Le forme dell'addio - Umberta Telfener 2014-08-07T00:00:00+02:00

Cosa c'è dietro una separazione? Quali motivazioni si nascondono dietro un abbandono? Cosa si prova a fare i conti con l'assenza della persona amata, con quella sensazione di vuoto emozionale che ci spinge improvvisamente a "non voler più vivere"? La psicologa e psicoterapeuta Umberta Telfener affronta, sulla base di una solida ricerca clinica e scientifica, tutte le forme dell'abbandono: il distacco inteso come separazione momentanea o definitiva, imposta o inevitabile, capricciosa o necessaria. E offre consigli, soluzioni e vie d'uscita per superare la situazione di stallo in cui si cade quando si viene lasciati.

The Wiley-Blackwell Handbook of Group Psychotherapy - Jeffrey L. Kleinberg 2015-06-22

Group Psychotherapy "Finally, we have a book about group therapy that answers the question, 'Is there one book that covers the waterfront but is deep enough to provide more than just an overview of models, and can actually help me become a better group therapist?'" This is such a book." International Journal of Group Psychotherapy "This volume reflects the expansion in the field of psychodynamic group psychotherapy that today incorporates a variety of theoretical perspectives. Leading experts from various countries provide the reader with a clear overview of the different approaches. In addition, there are chapters in this volume that deal with special populations and conditions of treatment. While providing a straightforward introduction to the plethora of material in the field, the volume will also serve as a comprehensive resource for any seasoned group psychotherapist." Howard D. Kibel, Professor of Psychiatry, New York Medical College and past President of the American Group Psychotherapy Association, USA The Handbook of Group Psychotherapy is a user-friendly guide to conducting group psychotherapy in various settings and with different populations. It has been designed as a resource for new professionals, including graduate students in mental health, as well as more seasoned clinicians planning

to integrate group psychotherapy into their work. Bringing together pre-eminent group psychotherapists from different theoretical perspectives and countries, the articles in this volume present their approaches to conducting groups with diverse populations in different settings. Written in straight-forward, jargon-free language, the articles directly speak to the needs of the mental health professional planning to begin a group or to strengthen an existing group. Whether combined with a formal class in group techniques, human relations, or group dynamics, or in an institute training group practitioners, or read as part of one's own professional development, this work is likely to advance the reader's clinical competency and strengthen their self-confidence as a leader. Using a personal style and speaking from years of experience, the contributors provide hands-on suggestions as to how a group leader really works. From determining patient or client needs, developing treatment goals, and constructing a group, to handling emergencies, the contributors address the needs of the new group leader. The articles also address issues of diversity and globalism, as well as trauma and resiliency, making this a truly post-9/11 contribution.

The Works of Elena Ferrante - Grace Russo Bullaro 2016-12-22

This book is the first dedicated volume of academic analysis on the monumental work of Elena Ferrante, Italy's most well-known contemporary writer. *The Works of Elena Ferrante: Reconfiguring the Margins* brings together the most exciting and innovative research on Ferrante's treatment of the intricacies of women's lives, relationships, struggles, and dilemmas to explore feminist theory in literature; questions of gender in twentieth-century Italy; and the psychological and material elements of marriage, motherhood, and divorce. Including an interview from Ann Goldstein, this volume goes beyond "Ferrante fever" to reveal the complexity and richness of a remarkable oeuvre.

Giornale della libreria - 2006

Narcissism - Alexander Lowen 2012-08-21

NARCISSISM Are you a narcissist? Do you interact with someone who is? Contrary to popular belief, narcissists do not love themselves or anyone else. They cannot accept their true selves, constructing instead fixed masks that hide emotional numbness. Influenced by forces in culture and predisposed by factors in the human personality, narcissists tend to be • More concerned with how they appear than what they feel • Seductive and manipulative, striving for power and control • Egotists, focused on their own interests but lacking the true values of the self -- self-expression, self-possession, dignity, and integrity • Without a solid sense of self, which leads them to experience life as empty and meaningless In this groundbreaking study, Dr. Alexander Lowen uses his extensive clinical experience to demonstrate how narcissists can recover their suppressed feelings and regain their lost humanity. By the use of Bioenergetic Analysis, the psychotherapy created by Dr. Lowen, a new possibility of a fulfilling and authentic life is presented for people with narcissistic characteristics and for those who interact with them.

Saying No - Asha Phillips 2008

Asha Phillips writes as both a child psychotherapist and a mother, using case studies as well as informal anecdotes from family and friends as illustrations. She strips away the negative associations surrounding the word 'no' and celebrates change and setting limits as essential ingredients in development. In a new introduction, Asha Phillips explains why the idea of limits and boundaries have become ever more pertinent since the book was first published. Now with a new chapter on illness in the family, *Saying No* can continue to build confidence and self-esteem in both children and parents.

Ho sposato un narciso - Umberta Telfener 2006-02-06T00:00:00+01:00

Uomini che affascinano e feriscono, sempre più intelligenti della media, sensibili, seduttivi, grandiosi e improvvisamente depressi e inadeguati. Cosa vuole un narciso da una donna? In molti casi vuole solo essere

aiutato a piacersi. Ma se un giorno fosse la donna ad avere bisogno di lui? Qui cominciano i guai, perché un narciso punta sempre all'assoluto, è tutto preso da imprese troppo grandi ed eroiche per ammettere dubbi o tentennamenti. Questo libro cerca di essere un manuale per imparare a convivere con questa tipologia di uomini.

Epic Continent - Nicholas Jubber 2019-08-27

Selected as one of NPR's Best Books of 2019 Selected by National Geographic as one of 12 "great books for travelers" "The prose is colourful and vigorous ... Jubber's journeying has indeed been epic, in scale and in ambition. In this thoughtful travelogue he has woven together colourful ancient and modern threads into a European tapestry that combines the sombre and the sparkling' Spectator 'A genuine epic' Wanderlust Award-winning travel writer Nicholas Jubber journeys across Europe exploring Europe's epic poems, from the Odyssey to Beowulf, the Song of Roland to the Nibelungenlied, and their impact on European identity in these turbulent times. These are the stories that made Europe. Journeying from Turkey to Iceland, award-winning travel writer Nicholas Jubber takes us on a fascinating adventure through our continent's most enduring epic poems to learn how they were shaped by their times, and how they have since shaped us. The great European epics were all inspired by moments of seismic change: The Odyssey tells of the aftermath of the Trojan War, the primal conflict from which much of European civilisation was spawned. The Song of the Nibelungen tracks the collapse of a Germanic kingdom on the edge of the Roman Empire. Both the French Song of Roland and the Serbian Kosovo Cycle emerged from devastating conflicts between Christian and Muslim powers. Beowulf, the only surviving Old English epic, and the great Icelandic Saga of Burnt Njal, respond to times of great religious struggle - the shift from paganism to Christianity. These stories have stirred passions ever since they were composed, motivating armies and revolutionaries, and they continue to do so today. Reaching back into the ancient and medieval eras in which these defining works were produced, and investigating their continuing influence today, *Epic Continent* explores how matters of honour, fundamentalism, fate, nationhood, sex, class and politics have preoccupied the people of Europe across the millennia. In these tales soaked in blood and fire, Nicholas Jubber discovers how the world of gods and emperors, dragons and water-maidens, knights and princesses made our own: their deep impact on European identity, and their resonance in our turbulent times.

Pillole di carta e celluloidi. Libri e film per curare la propria

mente - Ferdinando Galassi 2012-04-24T00:00:00+02:00

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Super Sad True Love Story - Gary Shteyngart 2010-07-27

NEW YORK TIMES BESTSELLER • A deliciously dark tale of America's dysfunctional coming years—and the timeless and tender feelings that just might bring us back from the brink. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times • The Washington Post • The Boston Globe • San Francisco Chronicle • The Seattle Times • O: The Oprah Magazine • Maureen Corrigan, NPR • Salon • Slate • Minneapolis Star Tribune • St. Louis Post-Dispatch • The Kansas City Star • Charlotte Observer • The Globe and Mail • Vancouver Sun • Montreal Gazette • Kirkus Reviews In the near future, America is crushed by a financial crisis and our patient Chinese creditors may just be ready to foreclose on the whole mess. Then Lenny Abramov, son of an Russian immigrant janitor and ardent fan of "printed, bound media artifacts" (aka books), meets Eunice Park, an impossibly cute Korean American woman with a major in Images and a minor in Assertiveness. Could falling in love redeem a planet falling apart?

Borderline Conditions and Pathological Narcissism - Otto F. Kernberg 1995-04-01

The basic text for the understanding of patients with pathological narcissism.

The castle on the Hudson - Renato Cantore 2016