

# Using Stories To Build Bridges With Traumatized Children Creative Ideas For Therapy Life Story Work Direct Work And Parenting

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## **Life Story Books for Adopted and Fostered Children, Second Edition** - Joy Rees 2017-02-21

Through words, pictures, photographs, certificates and other 'little treasures', a Life Story Book provides a detailed account of the child's early history and a chronology of their life. Fully updated, this clear and concise book shows a unique family-friendly way to compile a Life Story Book which promotes a sense of permanency for the child, and encourages attachments within new families. Joy Rees' influential model works chronologically backwards rather than forwards, aiming to reinforce the child's sense of belonging and security before addressing the child's past and early trauma. The book contains simple explanations of complex concepts, practical examples, helpful suggestions and includes some simple checklists. This new edition has been expanded to include fostered children and those living in kinship care or with a special guardian. Perfect for social workers, adoption agencies, adoptive parents, foster carers and kinship carers, Life Story Books for Adopted and Fostered Children is a refreshing, innovative and common-sense guide.

## Building Bridges of Hope - Sue Badeau 2016-04-28

Coloring is not only relaxing and fun, it has been shown to increase focus, reduce anxiety and stress and support well-being. For children who have experienced trauma, and the adults who care for them, simple everyday tools that enhance healing are worth their weight in gold. In this unique coloring book, nationally known child welfare and trauma expert Sue Badeau pairs tips and strategies for parents and caregivers with whimsical artwork created by her daughter, artist Chelsea Badeau. With over fifty unique images to color, and an equal number of proven activities, this book provides a rich resource for anyone on the road to healing and wholeness. "No matter how deep the trauma, there is always hope. Children can heal," Badeau teaches, "and caring adults equipped with meaningful tools create those bridges of hope."

## Cleo the Crocodile Activity Book for Children Who Are Afraid to Get Close - Karen Treisman 2019-05-21

Amongst the beauty of the Okavango delta in Botswana, Cleo the Crocodile loved having fun with all of his animal friends. That is, until one day Hogan the Hippo, who was supposed to look after Cleo, started

to act mean and hurt him. Cleo has to leave the swamp to find a safe new home - he's scared and puts his prickles up for protection, so all the other animals are afraid of him. How can Cleo find a new safe home? How can he make new friends when he doesn't know who he can trust? This activity book developed by expert child psychologist Dr Karen Treisman combines a colourfully illustrated therapeutic story about Cleo the Crocodile to help start and enrich conversations, which is followed by a wealth of creative activities and photocopiable worksheets for children to explore issues relating to attachment, relationships, rejection, anger, trust and much more. The activities are accompanied by extensive advice and practical strategies for parents, carers, and professionals on how to help children aged 5-10 to start to name their tricky feelings. It will help children to understand their own prickles, to trust others and begin to invest in relationships so they can let others close again.

[Working with Relational and Developmental Trauma in Children and Adolescents](#) - Karen Treisman 2016-10-04

*Working with Relational and Developmental Trauma in Children and Adolescents* focuses on the multi-layered complex and dynamic area of trauma, loss and disrupted attachment on babies, children, adolescents and the systems around them. The book explores the impact of relational and developmental trauma and toxic stress on children's bodies, brains, relationships, behaviours, cognitions, and emotions. The book draws on a range of theoretical perspectives through reflective exercises, rich case studies, practical applications and therapeutic strategies. With chapters on wider organisational and systemic dynamics, strength-based practices and the intergenerational transmission of relational trauma, Karen Treisman provides a holistic view of the pervasive nature and impact of working with trauma. *Working with Relational and Developmental Trauma in Children and Adolescents* will be of interest to professionals working with children and families in the community, in-patient, school, residential, and court-based settings, including clinical psychologists, psychiatrists, social workers, teachers, and students.

*Alex and the Scary Things* - Melissa Moses 2015-02-21

Alex is an alligator who has experienced 'scary' things. In this charmingly

illustrated story, he talks about how this affects him and how he copes. By reading about the different parts of Alex that come out because of the scary things he has experienced, such as The Destroyer when he is angry, Spacey when he dissociates, and Puddles when he is sad, children will learn to recognise when they experience these emotions themselves and find solutions for overcoming them. Alex talks about the different coping strategies he uses to get back to being himself, such as breathing techniques, a counting game, painting, and finding a safe space he can go to, encouraging children to think about when they can do to help themselves handle difficult feelings. An essential resource for professionals working with children who have experienced trauma, including social workers, counsellors, therapists, and child psychologists, as well as for parents and foster carers. Suitable for children aged approximately 4 to 8 years.

**Everyday Parenting with Security and Love** - Kim Golding 2017-06-21

Children who have experienced trauma, loss or separation early in life need more than just special care and attention; they need to be parented with love and security in a way that allows them to heal and rebuild emotional bonds. This comprehensive book provides parents and carers with crucial advice and guidance on how to strengthen attachment and trust. Based on Dan Hughes' proven 'PACE' model of therapeutic parenting, this book explains how to implement PACE techniques to overcome the challenges faced by children who struggle to connect emotionally. Barriers to stable relationships such as a lack of trust, fear of emotional intimacy, and high levels of shame are all explained. It explores techniques to overcome these barriers by teaching how to support the child's behaviour at the same time as building empathy and trust. The practical parenting guidance offered throughout is essential for carers or parents of troubled children, and will help build safe, secure emotional relationships.

[Healing the Hidden Hurts](#) - Caroline Archer 2015-04-21

*Healing the Hidden Hurts: Transforming Attachment and Trauma Theory into Effective Practice with Families, Children and Adults* provides a unique collection of professional and personal responses to the

challenges that arise in dealing with attachment difficulties. With contributions from social workers, adoptive parents, adoptees, psychologists, therapists, counsellors and other related professionals, this book provides a varied and expansive approach to explaining attachment theory. The authors speak from personal experience to deliver explanations of theory, how they relate to practice and to provide practical guidance on how to improve the physical, emotional and psychological development of children in care across a broad range of professional settings. This book provides valuable insights relevant to practitioners within the fields of social work, health, education, the criminal justice system and any independent and voluntary sectors working with children and families.

Life Work with Children Who are Fostered or Adopted - Joy Rees  
2018-01-18

This new book from life work expert Joy Rees explains the value of effective and meaningful life work with children who are fostered and adopted, and how best to carry this out. This book will help social work professionals, foster carers and adopters to understand the many aspects of life work and to consider the important contributions they can all make to this task. Life work is about helping children to know and to understand their personal stories and the life experiences that have shaped them. Enabling children to reach their potential and achieve the best possible outcome is the common goal, and this is best achieved by using the collaborative approach to life work advocated in this book

The Hero's Mask: Helping Children with Traumatic Stress - Richard Kagan 2022-05-30

Teachers, counselors, therapists, parents and caregivers can use this engaging novel and guidebook to help to promote resilience within children, families and communities that have experienced traumatic stress. The novel encourages children to learn about everyday heroes and what helps them to succeed despite adversity. The accompanying guidebook provides practical advice and strategies for using the novel in classrooms, counselling, therapy and families to spark conversations around difficult topics of loss and trauma and to strengthen and renew

emotionally supportive relationships for distressed children. These two books provide a toolkit for helping children and caring adults understand the impact of traumatic stress and what can help them to recover and increase resilience after stressful experiences. Together, the novel and guidebook inspire hope for those who feel alone, fearful or ashamed after traumatic experiences and show how children, parents, and other caring adults can become stronger than the nightmares of the past. This set includes: *The Hero's Mask*, a short novel designed to encourage young people to share and understand their feelings related to traumatic stress and to learn how family members, friends, neighbours and schools can help each other to survive hard times and learn to thrive again. *The Hero's Mask Guidebook: Helping Children with Traumatic Stress*, a practical resource for use by teachers, counselors, therapists, parents and caregivers that promotes an understanding of trauma and strengthens emotionally supportive relationships to reduce traumatic stress reactions. This essential resource provides a resiliency-focused guide for promoting trauma-informed schools and child and family services to help children and families experiencing traumatic stress.

**Connecting with Kids Through Stories** - Denise B. Lacher 2012  
This is an accessible guide to using therapeutic stories to help connect with troubled adopted children. It demonstrates how parents and professionals can create their own stories to help children heal, and explains the theory behind the therapy. This second edition includes updated research and full sample stories.

Creating Loving Attachments - Kim S. Golding 2012  
Troubled children need special parenting to build attachments and heal from trauma. This book provides a parenting model that parents and carers can follow to incorporate love, play, acceptance, curiosity and empathy into their parenting. These elements are vital to a child's development and will help children to feel confident, secure and happy.

**Child-Centred Practice** - Tracey Race 2017-05-30  
Since the Munro report (2011), a greater emphasis has been placed on the value of child-centred practice in social work with children, young people and families. It has come to be recognised that social workers

cannot make an assessment or intervene to safeguard children and promote positive outcomes without engaging with the children themselves. This involves recognising the rights of the child, getting to know who they are, what they need, how they feel about their situation, and what they want for their future. Split into two distinct sections, this authoritative text focuses on the foundational knowledge required for child-centred work, unpacking the ethical and theoretical principles that form the basis of the approach and exploring current debates around working with children and families. Benefitting from the authors' extensive experience in academia and practice settings, each chapter: - Provides insightful practitioner testimonials and case study examples to help the reader apply what they have learned to everyday practice. - Highlights important research studies that give voice to children and young people, providing the reader with background knowledge of the evidence base for child-centred approaches. - Includes engaging questions and activities to enable the reader to reflect on what they have learned, and make links to their own practice, values and beliefs. With a strong focus on developing the reader's practice skills, particularly in engaging and communicating with children, *Child-Centred Practice* is an essential handbook for students and professionals involved in this complex yet rewarding area of social work practice.

*Using Stories to Build Bridges with Traumatized Children* - Kim S. Golding 2014

Imaginative and practical, this guide reveals the therapeutic potential of using stories in counselling with traumatized children aged 4-16. It includes sample stories and advice on adapting them, as well as invaluable tips for planning stories and life story work, and for storymaking with children.

***Using Story Telling as a Therapeutic Tool with Children*** - Margot Sunderland 2017-07-05

This practical handbook begins with the philosophy and psychology underpinning the therapeutic value of story telling. It shows how to use story telling as a therapeutic tool with children and how to make an effective response when a child tells a story to you. It is an essential

accompaniment to the "Helping Children with Feelings" series and covers issues such as: Why story telling is such a good way of helping children with their feelings? What resources you may need in a story-telling session? How to construct your own therapeutic story for a child? What to do when children tell stories to you? Things to do and say when working with a child's story.

***Storytelling, Special Needs and Disabilities*** - Nicola Grove 2021-12-31

Now in a fully revised and updated second edition, this innovative and wide-ranging book shows how storytelling can open new worlds for individuals with special educational needs and disabilities. Providing a highly accessible combination of theory and practice, the contributors to this book define their own approaches to inclusive storytelling, describing the principles and theory that underpin their practice, whilst never losing sight of the joy at the heart of their work. Topics include therapeutic storytelling; language and communication; interactive and multi-sensory storytelling; and technology. Each chapter includes top tips, and signposts further training for practitioners who want to start using stories in their own work, making this book a crucial and comprehensive guide to storytelling practice with diverse learners. This new edition: · has been fully updated to reflect the way in which this field of storytelling has grown and developed · uses a broad range of chapters, structured in a way that guides the reader through the conceptualisation of a storytelling approach towards its practical application · includes an additional chapter, sharing the lived experiences of storytellers who identify as having a disability. Full of inspiring ideas to be used with people of all ages and with a range of needs, this book will be an invaluable tool for education professionals, as well as therapists, youth workers, counsellors and theatre practitioners working in special education.

***Handbook of Australian School Psychology*** - Monica Thielking 2017-01-26

This handbook addresses the current state and practice of school psychology with a focus on standards unique to Australia, including

historical, legal, ethical, practical, and training factors. It provides a compilation of the most current research-based practices as well as guidelines for evidence-based assessment and intervention for common conditions (e.g., autism, depression, learning disabilities) and for delivering appropriate services to targeted student populations (e.g., LGBT, gifted, medical issues). Chapters discuss the application of national and international school psychology practices within the Australian educational and psychological structure. The handbook also examines the lack of formal resources specific to Australia's culture and psychology systems, with its unique mix of metropolitan cities and the vast geographic landscape that spans regional and remote areas. It offers numerous case studies and innovative school mental health programs as well as recommendations for professional development and advocacy that are unique to Australian school psychology. Topics featured in this Handbook include: Evidence-based assessment and intervention for dyscalculia and mathematical disabilities. Identification and management of adolescent risk-taking behaviors and addictions. Understanding and responding to crisis and trauma in the school setting. Prevention and intervention for bullying in schools. Class and school-wide approaches to addressing behavioral and academic needs. The role of school psychologists in the digital age. Practical advice for school psychologists facing complex ethical dilemmas. The Handbook of Australian School Psychology is a must-have resource for researchers, scientist-practitioners, and graduate students in child and school psychology, social work, and related fields that address mental health services for children and adolescents.

**Nurturing Attachments Training Resource** - Kim Golding 2013-09-21  
Nurturing Attachments Training Resource is a complete group-work programme containing everything you need to run training and support sessions for adoptive parents and foster or kinship carers. Based on attachment theory and developed by expert author and trainer Kim Golding, this rich resource provides an authoritative set of ideas for therapeutically parenting children along with all the guidance you will need to implement the training. The training resource includes

theoretical content and process notes for facilitators, and a range of activities supported by online downloadable content with photocopyable reflective diary sheets, activity sheets and handouts. It is structured into 3 modules with 6 sessions per module. Module 1: Provides an understanding of attachment theory, patterns of attachment and an introduction to therapeutic parenting. Module 2: Introduces the House Model of Parenting, providing guidance on how to help the children experience the family as a secure base. Module 3: Continues exploring the House Model of Parenting, with consideration of how parents can both build a relationship with the children and manage their behaviour. This will be an invaluable resource and one-stop guide for any professionals involved in training foster carers and adoptive parents, as well as residential child care workers and kinship carers.

*Healing Relational Trauma with Attachment-Focused Interventions: Dyadic Developmental Psychotherapy with Children and Families* - Daniel A. Hughes 2019-01-08

From the founder of DDP, this updated and comprehensive guide is the authoritative text on DDP. DDP is an attachment-focused treatment for children and adolescents who experience abuse and neglect and who are now living in stable foster and adoptive families. Its central interventions are influenced by enhanced knowledge about the structure and functions of the brain, as well as the latest findings regarding developmental trauma and the related attachment problems it brings.

*Using Stories to Build Bridges with Traumatized Children* - Kim Golding 2014-07-21

Using Stories to Build Bridges with Traumatized Children is full of creative ideas for how you can use stories therapeutically with children in counselling, life story work or direct work. Psychologist Kim S. Golding shows how you can use stories to build connections with children aged 4-16 and support their recovery from trauma and stress. She illustrates the techniques with 21 stories adapted from her own clinical work with children and families, and explains how you can expand or adapt them to make them more relevant for a particular child. Advice and stories are arranged into sections dealing with common

psychological issues, including looking back and moving on, lack of trust and need for attention. Golding also gives invaluable tips for planning stories and life story work, and for storymaking with children. She also describes how stories can be used therapeutically with parents of traumatized children and as a tool for self-reflection by counsellors. Imaginative and practical, this book will be enormously useful for counsellors, psychologists, therapists and social workers working with traumatized children, and will also be helpful for parents and carers involved in therapeutic parenting.

*How and Why to Read and Create Children's Digital Books* - Natalia Kucirkova 2018-12-03

*How and Why to Read and Create Children's Digital Books* outlines effective ways of using digital books in early years and primary classrooms, and specifies the educational potential of using digital books and apps in physical spaces and virtual communities. With a particular focus on apps and personalised reading, Natalia Kucirkova combines theory and practice to argue that personalised reading is only truly personalised when it is created or co-created by reading communities. Divided into two parts, Part I suggests criteria to evaluate the educational quality of digital books and practical strategies for their use in the classroom. Specific attention is paid to the ways in which digital books can support individual children's strengths and difficulties, digital literacies, language and communication skills. Part II explores digital books created by children, their caregivers, teachers and librarians, and Kucirkova also offers insights into how smart toys, tangibles and augmented/virtual reality tools can enrich children's reading for pleasure. *How and Why to Read and Create Children's Digital Books* is of interest to an international readership ranging from trainee or established teachers to MA level students and researchers, as well as designers, librarians and publishers. All are inspired to approach children's reading on and with screens with an agentic perspective of creating and sharing. Praise for *How and Why to Read and Create Children's Digital Books* 'This is an exciting and innovative book - not least because it is freely available to read online but because its origins

are in primary practice. The author is an accomplished storyteller, and whether you know, as yet, little about the value of digital literacy in the storymaking process, or you are an accomplished digital player, this book is full of evidence-informed ideas, explanations and inspiration.' Liz Chamberlain, Open University 'At a time when children's reading is increasingly on-screen, many teachers, parents and carers are seeking practical, straightforward guidance on how to support children's engagement with digital books. This volume, written by the leading expert on personalised e-books, is packed with app reviews, suggestions and insights from recent international research, all underpinned by careful analysis of digital book features and recognition of reading as a social and cultural practice. Providing accessible guidance on finding, choosing, sharing and creating digital books, it will be welcomed by those excited by the possibilities of enthusing children about reading in the digital age.' Cathy Burnett, Professor of Literacy and Education, Sheffield Hallam University

**A Therapeutic Treasure Box for Working with Children and Adolescents with Developmental Trauma** - Karen Treisman 2017-09-21

Like a treasure chest, this resource overflows with valuable resources - information, ideas and techniques to inspire and support those working with children who have experienced relational and developmental trauma. Drawing on a range of therapeutic models including systemic, psychodynamic, trauma, sensory, neurobiological, neurocognitive, attachment, cognitive behavioural, and creative ideas, Dr Karen Treisman explains how we understand trauma and its impact on children, teens and their families. She details how it can be seen in symptoms such as nightmares, sleeping difficulties, emotional dysregulation, rage, and outbursts. Theory and strategies are accompanied by a treasure trove of practical, creative, and ready-to-use resources including over 100 illustrated worksheets and handouts, top tips, recommended sample questions, and photographed examples.

*Tippy Muffle's Mirror* - Mikenda Plant 2021-01-28

Muffles are tiny, fluffy creatures, who carry the colours of their emotions

in their fur, for all the world to read like a storybook. Tippy Muffle is very young but already she has become so scared and hurt that she has learned to hide away all her feelings deep inside. She hides her feelings so deeply, that her fur has become dull and grey. Can a new mummy and a new home help Tippy to feel safe and become a multicoloured Muffle again? 'The child who has had a difficult start in life will identify with the complex world of feelings, beautifully illustrated in the changing colours of Tippy's fur. The delightful Muffles are sure to enchant children of all ages.' Kim S Golding (CBE), Clinical Psychologist and author of *Using Stories to Build Bridges with Traumatized Children* - William Steele 2013-06-19

Praise for *Working With Grieving and Traumatized Children and Adolescents* "This much-needed book effectively argues for the use of structured activities as the basis for exploring trauma-specific questions in clinical work with traumatized children and adolescents. Numerous examples of children's artwork enhance the book and illustrate the effectiveness of the treatment. The authors' methods have been used successfully for many years and represent a major contribution to the study of trauma that will be welcomed by both students and seasoned practitioners." —Nancy Boyd Webb, DSW, LICSW, RPT-S Professor of Social Work Emerita, Fordham University, Author: *Play Therapy With Children in Crisis* "The authors provide a clear theoretical framework and demonstrate practical sensory-based activities so kids can discover and reconnect with their bodies' agency and vitality. Refreshingly, this vehicle creates an emotionally safe journey for the child into the mystery of the experiential, embedded in implicit memory. It's chock-full of invitations to explore self-impressions and worldviews in a way that children feel seen, not assessed." —Peter A. Levine, PhD, and Maggie Kline, MS, LMFT, Coauthors: *Trauma Through a Child's Eyes and Trauma-Proofing Your Kids* A structured, sequential, and evidence-based approach for the treatment of children and adolescents experiencing trauma or grief *Working With Grieving and Traumatized Children and Adolescents* features the Structured Sensory Interventions for

Traumatized Children, Adolescents and Parents (SITCAP) intervention model, proven in successfully addressing violent situations such as murder, domestic violence, and physical abuse, as well as non-violent grief- and trauma-inducing situations including divorce, critical injuries, car fatalities, terminal illness, and environmental disasters. Filled with practical and proven activities for use with children and adolescents experiencing trauma and grief, this resource is based on the authors' experience working with all types of traumatic events in school-, agency-, and community-based programs across the country.

*Helping Vulnerable Children and Adolescents to Stay Safe* - Katie Wrench 2016-08-18

Helping vulnerable children and young people to build protective behaviours is the key to keeping them safe. Full of creative ideas and activities, this guide provides the tools to help children develop these key skills. Topics include work around: building resilience and problem solving skills; identifying a 'safety network'; developing emotional literacy; awareness of grooming strategies and safe/unsafe touch; and cyber safety. The range of tried and tested techniques will be sure to engage any child in thinking about their personal safety, allowing adult carers to have confidence that their child will be empowered to better identify and avoid harmful situations and behaviours. Practical and easy to use, this is a valuable resource for professionals working with vulnerable children and young people, such as adopted or fostered children and those in residential care, as well as the parents and carers of these children.

*Trauma and Literature* - J. Roger Kurtz 2018-03-15

As a concept, 'trauma' has attracted a great deal of interest in literary studies. A key term in psychoanalytic approaches to literary study, trauma theory represents a critical approach that enables new modes of reading and of listening. It is a leading concept of our time, applicable to individuals, cultures, and nations. This book traces how trauma theory has come to constitute a discrete but influential approach within literary criticism in recent decades. It offers an overview of the genesis and growth of literary trauma theory, recording the evolution of the concept

of trauma in relation to literary studies. In twenty-one essays, covering the origins, development, and applications of trauma in literary studies, *Trauma and Literature* addresses the relevance and impact this concept has in the field.

**Parenting with Theraplay®** - Helen Rodwell 2017-07-21

Theraplay® is an attachment-focused model of parenting that helps parents to understand and relate to their child. Based on a sequence of play activities that are rooted in neuroscience, Theraplay offers a fun and easy way for parents and children to connect. Theraplay is particularly effective with looked after and adopted children. By providing an overview of Theraplay and the psychological principles that it is based on, parents and carers will gain an understanding of the basic theory of the model along with practical ideas for applying Theraplay to everyday family life. Through everyday case studies and easy language, parents will gain confidence and learn new skills for emotional bonding, empathy, and acceptance in the relationship with their child.

**Direct Work with Family Groups** - Audrey Tait 2015-09-21

Direct Work with Family Groups is full of great ideas to aid engagement, assessment and enable positive change through direct work with family groups. Working with families can be a challenging experience. This book looks at the personal skills needed to engage families, both at home and in the community. It provides guidance on how to assess and manage the needs of individual family members, whilst also being mindful of potential risk factors. With easy to use activities and resources, this book will inspire you to think about creative new ways to plan and carry out your work. Based on tried and tested techniques, this is a must-have for social workers and social work students, as well as child protection workers, therapists, counsellors and child and family centre workers. It is the perfect complement to *Direct Work with Vulnerable Children*, also by the same authors.

**Let's Learn About Adoption** - Regina M. Kupecky 2014-10-21

There are many kinds of adoption -- and in this workbook the children of The Adoption Club find out about all of them! The children of The Adoption Club are all different. There's Mary who was adopted from

China by her single mum, Alice, who is still in touch with her birth parents in an 'open adoption'; siblings Angela and Michael who lived in different homes for many years but are now back together; Robert who loves to do stunts in his wheelchair; and Alexander who grew up with lots of children in a care home. Written for counsellors and therapists working with children aged 5-11, as well as adoptive parents, this workbook is one of a set of five interactive therapeutic workbooks written to address the key emotional and psychological challenges they are likely to experience. They provide an approachable, interactive and playful way to help children to learn about themselves and have fun at the same time.

**Building Sensorimotor Systems in Children with Developmental Trauma** - Sarah Lloyd 2020-04-21

Babies and young children who have experienced early adversity miss out on good, nurturing relationships, and the sensorimotor development that goes along with them. Their bodies therefore lack a solid foundation for sensory integration. This book lays out a practice model - the Building Underdeveloped Sensorimotor Systems (BUSS) model - to help identify and assess whether these gaps are present in a child's sensorimotor systems. It also advocates the potential of rebuilding the gaps in these systems - using games and activities that take place within loving parent-child relationships - to offer the child a healthy, attuned base from which to develop sensorimotor skills. Also included is a section on parents' experiences of using these activities with their children. With a positive view of approaching sensorimotor underdevelopment, these strategies and case studies all demonstrate that, with the right kind of attention, these children's systems can be rebuilt.

**Routledge International Handbook of Therapeutic Stories and Storytelling** - Clive Holmwood 2022-02-10

The Routledge International Handbook of Therapeutic Stories and Storytelling is a unique book that explores stories from an educational, community, social, health, therapeutic and therapy perspectives, acknowledging a range of diverse social and cultural views in which stories are used and written by esteemed storytellers, artists, therapists

and academics from around the globe. The book is divided into five main sections that examine different approaches and contexts for therapeutic stories and storytelling. The collected authors explore storytelling as a response to the Covid-19 pandemic, in education, social and community settings, and in health and therapeutic contexts. The final section offers an International Story Anthology written by co-editor Sharon Jacksties and a final story by Katja Gorečan. This book is of enormous importance to psychotherapists and related mental health professionals, as well as academics, storytellers, teachers, people working in special educational needs, and all those with an interest in storytelling and its applied value.

**Foundations for Attachment Training Resource** - Kim Golding

2017-04-21

Foundations for Attachment Training Resource is a six-session programme to help parents and carers to nurture attachments with their child. It is designed specifically for those caring for children whose capacity to emotionally connect has been compromised as a result of attachment problems, trauma, and loss or separation. Informed by attachment theory and Dyadic Developmental Psychotherapy (DDP), it consists of three core modules: \* Understanding Challenges of Parenting \* Therapeutic Parenting \* Looking After Self It includes relevant theory and process notes for trainers, and a range of activities supported by electronic resources with downloadable activity sheets and handouts. This is a complete resource containing everything you need to run the sessions, and is perfect for any professionals involved in training foster carers, adoptive parents and kinship carers.

*Who We Are and Why We Are Special* - Regina M. Kupecky 2014-10-21

We each have our own unique life story which make us special. When you are adopted you have an extra layer of identity - your birth family. This therapeutic workbook is designed to be used with adopted children aged 5-11, and offers a gentle way to explore this difficult subject.

The Hero's Mask Guidebook: Helping Children with Traumatic Stress -

Richard Kagan 2020-10-15

The Hero's Mask Guidebook provides practical strategies to be used alongside the The Hero's Mask novel. The Guidebook has been designed

to promote an understanding of the impact of traumatic stress and what counselors, therapists, educators, parents and caregivers can do to promote healing and recovery. The Guidebook and storybook can be used together to spark conversations around the difficult topics of loss and trauma and to create openings for renewing and strengthening emotionally supportive relationships with distressed children after traumatic experiences. The Guidebook identifies resources to access information about treatment programs and strategies that can help children and families with traumatic stress and integration of The Hero's Mask books with Real Life Heroes®, an evidence-supported treatment program for children and families with traumatic stress.

*Friends, Bullies and Staying Safe* - Regina M. Kupecky 2014-10-21

Friendship is so complicated! The children of The Adoption Club think they are friends - they go to the same school and belong to The Adoption Club. But what does it mean? What is the difference between a casual and a close friend? How should you respond to teasing? It's time for The Adoption Club to explore friendship. Written for counsellors and therapists working with children aged 5-11, as well as adoptive parents, this workbook is designed to help explore friendship, staying safe and social skills. It is one of a set of five interactive therapeutic workbooks featuring The Adoption Club written to address the key emotional and psychological challenges adopted children often experience. Together, they provide an approachable, interactive and playful way to help children to learn about themselves and have fun at the same time.

**The Confusing World of Brothers, Sisters and Adoption** - Regina M. Kupecky 2014-10-21

For children who are adopted families can get complicated, and that's very true when it comes to brothers and sisters, or 'siblings'. Today The Adoption Club are exploring the confusing world of siblings. Some children have half-siblings, adopted siblings, step-siblings. Michael has a birth sibling, his sister Angela, who he lives with, but many other children who are adopted are separated from their brother or sisters. The Adoption Club talk about their feelings about their own siblings. Written for counsellors and therapists working with children aged 5-11,

as well as adoptive parents, this workbook is designed to help explore sibling relationships. It is one of a set of five interactive therapeutic workbooks featuring The Adoption Club written to address the key emotional and psychological challenges adopted children often experience. Together, they provide an approachable, interactive and playful way to help children to learn about themselves and have fun at the same time.

**Life Story Therapy with Traumatized Children** - Richard Rose 2012

A comprehensive overview for professionals working with traumatized children, which outlines the theory and practice of life story therapy, a method which helps children and carers to question and resolve issues and events within a child's life.

*Trauma-Informed Youth Justice* - Judah Oudshoorn 2015-12-01

Most youth who come in conflict with the law have experienced some form of trauma, yet many justice professionals are ill-equipped to deal with the effects trauma has on youth and instead reinforce a system that further traumatizes young offenders while ignoring the needs of victims. By taking a trauma-informed perspective, this text provides a much-needed alternative--one that allows for interventions based on principles of healing and restorative justice, rather than on punishment and risk assessment. In addition to providing a comprehensive historical overview of youth justice in Canada, Judah Oudshoorn addresses the context of youth offending by examining both individual trauma--including its emotional, cognitive, and behavioural effects--and collective trauma. The author tackles some of the most difficult problems facing youth justice today, especially the ongoing cycles of intergenerational trauma caused by the colonization of Indigenous peoples and patriarchal violence, and demonstrates how a trauma-informed approach to youth justice can work toward preventing crime and healing offenders, victims, and communities. Featuring a foreword written by Howard Zehr, case stories from the author's own work with victims and offenders, questions for reflection, and annotated lists of recommended readings, this engaging text is the perfect resource for college and university students in the field of youth justice.

Observing Adolescents with Attachment Difficulties in Educational Settings - Kim Golding 2015-10-21

This easy-to-use tool provides an observation checklist which enables staff to identify behavioural patterns in children with social and emotional difficulties, analyse the underlying emotional difficulties and establish what kind of help and support the children need. Behavioural responses are categorised within clearly outlined topics, including: \* behaviour and relationship with peers \* attachment behaviours \* emotional state in the classroom \* attitude to attendance Checklists and diagrams identify different 'styles' of relating, to help school staff to respond appropriately to the individual needs of each child. A range of handouts include activities designed to provide emotional support, to focus and regulate behaviour and enable the child to develop important social and emotional skills. Suitable for use with children aged 11+, this tool will be an invaluable resource for teachers, teaching assistants, learning support staff, school counsellors and educational psychologists.

**Storytelling and Story-Reading in Early Years** - Mary Medlicott 2018-03-21

When a practitioner can tell and read stories well, it is proven to significantly improve young children's early communication and literacy. In this easy-to-read and essential guide, storytelling trainer Mary Medlicott gives professionals the tools to get the best out of oral storytelling and story-reading sessions, with management, performance and language techniques. Included are examples of stories and post-story activities that are most successful with children of ages 2 to 5. Medlicott shows how to prepare for the session, spark children's imagination with props, voices and facial expressions, and encourage empathy with thoughtful use of language and variety. Importantly, she gives practical advice on how to cater for all learning needs, such as children with hearing impairment or learning difficulties, and children who are learning English as a second language.

**A Tiny Spark of Hope** - Kim Golding 2021-01-21

I could not ignore the tiny spark of hope that whispered to me that there might be someone with whom I could be vulnerable and real, and that

this time they might just not let me down... This is the story of Alexia and her therapist Kim, and their three-year therapy journey to begin Alexia's path to recovery. Written from both perspectives, it is a powerful and

revealing account of a therapist-client relationship. Together, the authors show the manifold challenges that adult survivors of childhood abuse have to overcome, and offer insight to all therapists on how relational interventions can pave a way to healing.