

Pediatric Dramatherapy They Couldnt Run So They Learned To Fly

This is likewise one of the factors by obtaining the soft documents of this **Pediatric Dramatherapy They Couldnt Run So They Learned To Fly** by online. You might not require more time to spend to go to the ebook introduction as capably as search for them. In some cases, you likewise reach not discover the publication Pediatric Dramatherapy They Couldnt Run So They Learned To Fly that you are looking for. It will definitely squander the time.

However below, past you visit this web page, it will be fittingly definitely simple to acquire as well as download lead Pediatric Dramatherapy They Couldnt Run So They Learned To Fly

It will not acknowledge many times as we notify before. You can complete it while play in something else at house and even in your workplace. as a result easy! So, are you question? Just exercise just what we present below as competently as review **Pediatric Dramatherapy They Couldnt Run So They Learned To Fly** what you like to read!

Play Therapy with Adults - Charles E. Schaefer 2003

Learn how to incorporate adult play therapy into your practice with this easy-to-use guide In the Western world there has been a widening belief that play is not a trivial or childish pursuit but rather a prime pillar of mental health, along with love and work. *Play Therapy with Adults* presents original chapters written by a collection of international experts who examine the diverse approaches and clinical strategies available for successfully incorporating play therapy into adult-client sessions. This timely guide covers healing through the use of a variety of play therapy techniques and methods. Various client groups and treatment settings are given special attention, including working with adolescents, the elderly, couples, individuals with dementia, and clients in group therapy. Material is organized into four sections for easy reference: Dramatic role play Therapeutic humor Sand play and doll play Play groups, hypnoplay, and client-centered play *Play Therapy with Adults* is a valuable book for psychologists, therapists, social workers, and counselors interested in helping clients explore themselves through playful activities.

Social Work Now - 2001

The British National Bibliography - Arthur

James Wells 2002

The Furies - Natalie Haynes 2014-08-26

"Steady pacing paired with well-timed foreshadowing and fully realized characters make this one compelling from the beginning. Fans of Donna Tartt's *The Secret History* (1992), Erin Kelly's *The Poison Tree* (2011), and Tana French's *The Likeness* (2008) will likely enjoy the new perspective Haynes' conversational style offers to similar material." —Booklist After losing her fiancé in a shocking tragedy, Alex Morris moves from London to Edinburgh to make a break with the past. Formerly an actress, Alex accepts a job teaching drama therapy at a school commonly referred to as "The Unit," a last-chance learning community for teens expelled from other schools in the city. Her students have troubled pasts and difficult personalities, and Alex is an inexperienced teacher, terrified of what she's taken on and drowning in grief. Her most challenging class is an intimidating group of teenagers who have been given up on by everyone before her. But Alex soon discovers that discussing the Greek tragedies opens them up in unexpected ways, and she gradually develops a rapport with them. But are these tales of cruel fate and bloody revenge teaching more than Alex ever intended? And who becomes responsible when these

students take the tragedies to heart, and begin interweaving their darker lessons into real life with terrible and irrevocable fury? Natalie Haynes' *The Furies* is a psychologically complex, dark and twisting novel about loss, obsession and the deep tragedies that can connect us to each other even as they blind us to our fate.

Dramatherapy and Autism - Deborah Haythorne 2016-07-28

Using extensive examples from practice with a range of client groups, *Dramatherapy and Autism* confronts the assumption that people with autism are not able to function within the metaphorical realms of the imagination and creativity. It demonstrates that not only are people who function along the spectrum capable of engaging in creative exploration, but that through encountering these processes in the clinical context of dramatherapy, changes can be made that are life enhancing. Bringing in cutting-edge research and practice on dramatherapy, *Dramatherapy and Autism* aims to contribute to developing the theory and practice of creative arts therapies interventions with clients with autism. The book is part of the *Dramatherapy: approaches, relationships, critical ideas* series, in which leading practitioners and researchers in the field develop the knowledge base of this unique discipline, whilst contextualising and acknowledging its relationship with other arts and therapeutic practices. *Dramatherapy and Autism* will be of interest to a broad spectrum of readers, such as dramatherapists in practice and training, arts practitioners and academic researchers engaged in multidisciplinary enquiry.

Current Approaches in Drama Therapy - David Read Johnson 2020-11-18

This third edition of *Current Approaches in Drama Therapy* offers a revised and updated comprehensive compilation of the primary drama therapy methods and models that are being utilized and taught in the United States and Canada. Two new approaches have been added, *Insight Improvisation* by Joel Gluck, and the *Miss Kendra Program* by David Read Johnson, Nisha Sajjani, Christine Mayor, and Cat Davis, as well as an established but not previously recognized approach in the field, *Autobiographical Therapeutic Performance*, by

Susana Pendzik. The book begins with an updated chapter on the development of the profession of drama therapy in North America, followed by a chapter on the current state of the field written by the editors and Jason Butler. Section II includes the 13 drama therapy approaches, and Section III includes the three related disciplines of Psychodrama and Sociodrama, Playback Theatre, and Theatre of the Oppressed that have been particularly influential to drama therapists. This highly informative and indispensable volume is structured for drama therapy training programs. It will continue to be useful as a basic text of drama therapy for both students and seasoned practitioners, including mental health professionals (such as counselors, clinical social workers, psychologists, creative arts therapists, occupational therapists), theater and drama teachers, school counselors, and organizational development consultants.

New Society - 1961

Ritual Theatre - Claire Schrader 2012

This book considers the relevance of ritual theatre in contemporary life and describes how it is being used as a highly cathartic therapeutic process. With contributions from leading experts in the field of dramatherapy, the book brings together a broad spectrum of approaches to ritual theatre as a healing system.

The Amber Fury - Natalie Haynes 2014-02-06

A dark psychological page-turner about an inexperienced teacher who builds a powerful—and ultimately dangerous—connection with her students. When you open up, who will you let in? When Alex Morris loses her fiancé in dreadful circumstances, she moves from London to Edinburgh to make a break with the past. Alex takes a job at a Pupil Referral Unit, which accepts the students excluded from other schools in the city. These are troubled, difficult kids and Alex is terrified of what she's taken on. There is one class—a group of five teenagers—who intimidate Alex and every other teacher on The Unit. But with the help of the Greek tragedies she teaches, Alex gradually develops a rapport with them. Finding them enthralled by tales of cruel fate and bloody revenge, she even begins to worry that they are taking her lessons to heart, and that a whole

new tragedy is being performed, right in front of her.

Essays in Drama Therapy - Robert J. Landy
1996

Robert Landy has assembled a collection of essays which encompasses his experience as a dramatherapist. The concept of 'double life' can be seen to be a central theme running through the work - encapsulating the dramatherapist's need to balance the issues of theory, practice and personal growth. The range of essays includes both theory and practice. Landy tackles issues of training and research, examines concepts - such as that of role - in dramatherapy and presents case studies, such as the ambitious 'The Double Life - A Case of Bipolar Disorder'. Uniting entirely new material with some of Landy's most respected work, this collection will be of enduring importance to dramatherapists, teachers and students of dramatherapy, and all those with an interest in creative arts expression.

That Takes Ovaries! - Rivka Solomon
2010-06-02

Having ovaries: unabashed, gutsy, feisty, playful, challenging, full of chutzpah, mettlesome, naughty, victorious, straight from the hip, full-flavored, outrageous, righteous, loving, inspiring, bold as brass, self-assured, self-confident, self-possessed, daring, heroic, wild, wanton, crazy, optimistic, unflappable, pushy, unstoppable, impressive, rebellious, kick-ass, carefree, having moxie, having heart, having no fear . . . "That takes balls" are words of praise usually reserved for a man who has done something tough, fearless, and maybe a little crazy—someone who pushes the boundaries or breaks a few rules. But when it comes to hotheaded courage, impassioned activism, quirky wisdom, or bold confrontation, women have got what it takes—and then some! *That Takes Ovaries!* is a lively, fun, and often touching celebration of women and girls doing their thing their way: * Kathleen, who reduced a would-be burglar to tears by lecturing him about black pride (all while standing in her underwear) * Elaine, a sky surfer who plunges from airplanes on a 30-inch surfboard * Rachel, a high school junior who organized 100 high school girls to take on the boys who harassed them * Denise, a teenage cashier who faced down an

irate, gun-wielding gangbanger in an inner-city fast-food joint * Joani, a public health educator who opened the country's first women-oriented sex-toys store * Eva, who made the dangerous, illegal journey from Central America to the United States in order to give her children a better life Now that takes ovaries!

Last Chance in Texas - John Hubner
2008-04-29

A powerful, bracing and deeply spiritual look at intensely, troubled youth, *Last Chance in Texas* gives a stirring account of the way one remarkable prison rehabilitates its inmates. While reporting on the juvenile court system, journalist John Hubner kept hearing about a facility in Texas that ran the most aggressive—and one of the most successful—treatment programs for violent young offenders in America. How was it possible, he wondered, that a state like Texas, famed for its hardcore attitude toward crime and punishment, could be leading the way in the rehabilitation of violent and troubled youth? Now Hubner shares the surprising answers he found over months of unprecedented access to the Giddings State School, home to "the worst of the worst": four hundred teenage lawbreakers convicted of crimes ranging from aggravated assault to murder. Hubner follows two of these youths—a boy and a girl—through harrowing group therapy sessions in which they, along with their fellow inmates, recount their crimes and the abuse they suffered as children. The key moment comes when the young offenders reenact these soul-shattering moments with other group members in cathartic outpourings of suffering and anger that lead, incredibly, to genuine remorse and the beginnings of true empathy . . . the first steps on the long road to redemption. Cutting through the political platitudes surrounding the controversial issue of juvenile justice, Hubner lays bare the complex ties between abuse and violence. By turns wrenching and uplifting, *Last Chance in Texas* tells a profoundly moving story about the children who grow up to inflict on others the violence that they themselves have suffered. It is a story of horror and heartbreak, yet ultimately full of hope.

Engaging Boys in Treatment - Craig Haen
2011-03-07

This edited book is the first of its kind to focus

on creative approaches to the treatment of boys, providing a valuable resource for both students and professionals seeking new and effective strategies for reaching their young male clients.

Healing Trauma - Peter A. Levine 2012-06-11
Researchers have shown that survivors of accidents, disaster, and childhood trauma often endure lifelong symptoms ranging from anxiety and depression to unexplained physical pain, fatigue, illness, and harmful "acting out" behaviors. Today, professionals and clients in both the bodywork and the psychotherapeutic fields nationwide are turning to Peter A. Levine's breakthrough Somatic Experiencing® methods to actively overcome these challenges. In *Healing Trauma*, Dr. Levine gives you the personal how-to guide for using the theory he first introduced in his highly acclaimed work *Waking the Tiger*. Join him to discover: how to develop body awareness to "renegotiate" and heal traumas by "revisiting" them rather than reliving them; emergency "first-aid" measures for times of distress; and nature's lessons for uncovering the physiological roots of your emotions. "Trauma is a fact of life," teaches Peter Levine, "but it doesn't have to be a life sentence." Now, with one fully integrated self-healing tool, he shares his essential methods to address unexplained symptoms of trauma at their source—the body—to return us to the natural state in which we are meant to live in.

Contents Introduction: A Tiger Shows the Way
Chapter One: What is Trauma? Chapter Two: The Causes and Symptoms of Trauma
Chapter Three: How Trauma Affects the Body
Chapter Four: Twelve-Phase Healing Trauma Program: A Guide to the Audio Exercises
Chapter Five: Sexual Trauma: Sexual Trauma: Healing the Sacred Wound
Chapter Six: Spirituality and Trauma: Pathway to Awakening
Helpful Tips and Techniques for Preventing Trauma
Additional Resources About the Author About Sounds True
Excerpt Trauma is the most avoided, ignored, denied, misunderstood, and untreated cause of human suffering. When I use the word trauma, I am talking here about the often debilitating symptoms that many people suffer from in the aftermath of perceived life-threatening or overwhelming experiences. Recently, trauma has been used as a buzzword to replace everyday stress, as in, "I had a traumatic day at work."

However, this use is completely misleading. While it is true that all traumatic events are stressful, all stressful events are not traumatic. Unique to Each Individual When it comes to trauma, no two people are exactly alike. What proves harmful over the long term to one person may be exhilarating to another. There are many factors involved in the wide range of response to threat. These responses depend upon genetic make-up, an individual's history of trauma, even his or her family dynamics. It is vital that we appreciate these differences. Simply knowing that certain kinds of early childhood experiences can severely diminish our ability to cope and be present in the world may elicit compassion and support rather than harsh judgment, both for ourselves and for others. Perhaps the most important thing I have learned about trauma is that people, especially children, can be overwhelmed by what we usually think of as common everyday events. Until recently, our understanding of trauma was limited to "shell-shocked" soldiers who have been devastated by war, victims of severe abuse or violence, and those who have suffered catastrophic accidents and injuries. This narrow view could not be further from the truth. The fact is that, over time, a series of seemingly minor mishaps can have a damaging effect on a person. Trauma does not have to stem from a major catastrophe. Some common triggering events include:

- Automobile accidents (even fender benders)
- Routine invasive medical procedures
- Loss of loved ones
- Natural disasters, such as earthquakes and hurricanes

Even falling off a bicycle can be overwhelming to a child under certain circumstances. We will discuss those circumstances later. For now, I will simply say that almost all of us have experienced some form of trauma, either directly or indirectly.

Lucky - Alice Sebold 2019-03-07
With an introduction by the author of *Circe* and *The Song of Achilles*, Madeline Miller In *Lucky* Alice Sebold reveals how her life was irrevocably changed when, as an eighteen-year-old college freshman, she was raped and beaten inside a tunnel near her campus. In this same tunnel, a girl had been raped and dismembered. By comparison, Alice was told by police, she was lucky. Though Alice's friends and family try their best to offer understanding and support, in the

end it is Alice's formidable spirit which resonates most in these pages. In a narrative both painful and inspiring, Alice Sebold shines a light on the true experience of violent trauma. Sebold's redemption turns out to be as hard-won as it is real.

The Motion Picture Guide - 1985

TV Guide - 1971

Whole Person Healthcare: The arts and health - Ilene A. Serlin 2007

Drama as Therapy - Phil Jones 1996

Drama as Therapy describes and defines dramatherapy, providing in one volume a definition of the core processes at work in dramatherapy, a clear description of how to structure sessions, a thorough review of techniques and a wide range of examples from clinical practice. At the heart of the book is a definition of the nine core processes which define how and why dramatherapy can offer the opportunity for change. Also included are step-by-step breakdowns of the ways of working with a broad range of clients. Dramatherapy's approach to role, play, mask, ritual, performance and script are all described. The book includes extensive historical material from the 1920s to the present day, covering work in the US, the UK, Russia and the Netherlands. It challenges previous accounts of dramatherapy's history with details of Evreinov's Theatrotherapy, Iljine's work in Russia and interviews with innovators in the field, including Peter Slade, Sue Jennings and Marion Lindquist.

Counseling Practice During Phases of a Pandemic Virus - Mark A. Stebnicki 2021-07-02

The coronavirus pandemic is a historical trauma that lives in the mind, body, and spirit of humankind and, as such, requires a reconceptualization of how to effectively counsel individuals, families, communities, and underserved populations now and in the years to come. This foundational book addresses the medical, physical, mental, behavioral, and psychosocial health needs of adults, adolescents, and children as they experience increases in anxiety, depression, stress, substance use disorders, and suicidality due to the pandemic. Dr. Mark Stebnicki's pandemic risk and

resiliency continuum theoretical model introduces clinical practice guidelines for assessment, prevention, and treatment that increase opportunities for optimal health and wellness. *Requests for digital versions from ACA can be found on www.wiley.com *To purchase print copies, please visit the ACA website here *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org Theories of Psychotherapy & Counseling - Richard S. Sharf 2004

Comprehensive in scope yet succinct in its description and explanation of individual theories, Sharf's book introduces students to the systematic theories. For each major theory presented in the text, basic information about background, personality theory, and theory of psychotherapy provides a way for students to understand the application of the theory. Using case summaries and client-therapist dialogues, Sharf demonstrates how twelve theories can be applied to individual therapy and to common psychological disorders such as depression, anxiety, and borderline disorders. Sharf shows how each theory can be applied to work with groups. Sharf also describes how each theory can be applied to families, as well as providing a description of family systems theories in Chapter 13, Family Therapy.

Pediatric Dramatherapy - Carol E. Bouzoukis 2001

Based on a study conducted with chronically ill children, Pediatric Dramatherapy shows how children who are unable to verbalize their feelings or inner conflicts can do so through dramatherapy. The major sources of stress for chronically ill children are examined as they relate to situations within selected stories.

Clinical Applications of Drama Therapy in Child and Adolescent Treatment - Anna Marie Weber 2005-07-05

As an emerging psychotherapeutic discipline, drama therapy has been gaining global attention over the last decade for its demonstrated efficacy in the treatment of child and adolescent populations. However, despite this attention and despite the current turbulent state of the world and the increasing population of disturbed and at-risk children, the field of drama therapy has so far lacked a standard text. Weber and Haen's

book fills this need, providing a core text for graduate students and established professionals alike. *Clinical Applications of Drama Therapy in Child and Adolescent Treatment* is guided by theory, but firmly rooted in practice, providing a survey of the many different possibilities and techniques for incorporating drama therapy within child and adolescent therapy. More than merely a survey of the existing literature on drama therapy, this text represents a true expansion of the field: one which articulates the breadth of possibilities and applications for drama therapy in the larger context of psychotherapy.

The Handbook of Play Therapy - Linnet McMahon 2003-09-02

Child abuse cases and problems created by breakdowns in family relationships have highlighted the need for sound techniques for communicating with children. As a result, there is renewed interest in the therapeutic use of play to help prevent or repair emotional damage in both children and their families. *The Handbook of Play Therapy* is a comprehensive introduction to the theory and practice of play therapy. It provides a practical guide to the basic skills necessary to begin tapping the healing potential of play and gives many examples of good practice.

The Boys Next Door - Tom Griffin 1988

THE STORY: The place is a communal residence in a New England city, where four mentally handicapped men live under the supervision of an earnest, but increasingly burned out young social worker named Jack. Norman, who works in a doughnut shop and

Slave Play - Jeremy O. Harris 2020-01-28

An audacious new play that explores the ways in which historical trauma affects the present-day intersections of race, gender, and sexuality.

Story Drama in the Special Needs

Classroom - Jessica Perich Carleton 2012-01-15

Introducing drama to the learning experience is guaranteed to enrich a child's development, and is an especially effective approach for children with special educational needs, including those with autism spectrum disorders. This practical handbook offers teachers an array of simple and easy-to-implement theatrical techniques that will enhance students' learning and encourage artistic expression. The author demonstrates

how dramatic play doesn't have to be restricted to drama lessons and can be applied to a diverse range of school subjects and recreational settings. 'The Little Red Hen', for example, covers themes that are relevant to literacy (rhyming and rhythm), maths (counting seeds), science (discussing farming), and art lessons (designing costumes). Step-by-step lesson plans take teachers through every aspect of running fun and engaging story dramas, including warm ups, movement, songs and props. Handy tips throughout suggest ideas for developing the plays further and ways to adapt them according to the needs of the group. This book will be an essential and comprehensive guide for anyone interested in drama as an educational tool in inclusive or special needs settings.

Strengthening Emotional Ties Through Parent-child-dyad Art Therapy - Lucille Proulx 2003

Proulx explores many aspects of dyad art therapy including attachment relationship theories, roles in dyad interventions, the importance of the tactile experience and ways in which dyad art therapy can be used. This original book will be invaluable to mental health professionals and to parents wishing to enrich interactions with their children.

Transformative Language Arts in Action - Ruth Farmer 2014-11-26

Transformative Language Arts, an emerging field and profession, calls on us to use writing, storytelling, theater, music, expressive and other arts for social change, personal growth, and culture shift. In this landmark anthology, Transformative Language Artists share their stories, scholarship and practices for a more just and peaceful world, from a Hmong storyteller and spoken word artist weaving traditions with contemporary immigrant challenges in Philadelphia, to a playwright raising awareness of AIDS/HIV prevention. Read the stories, consider the questions raised, and find inspiration and tools in using words as a vehicle for transformation through essays on the challenge of dominant stories, public housing women writing for their lives, histories and communities at the margins, singing as political action, the convergence of theology and poetics, women's self-leadership, embodied writing, and healing the self, others, and nature through TLA.

The anthology also includes "snapshots," short features on transformative language artists who make their livings and lives working with people of all ages and backgrounds to speak their truths, and change their communities.

Springtime for Murder - Debbie Young
2018-11-15

The fifth in a planned series of seven cozy mystery novels spanning the course of a Cotswold village year from one summer to the next, *Springtime for Murder* is set at Easter. Like all of the series, it may be read as a standalone novel and makes a great seasonal read, but anyone who enjoys it is likely to want to collect the set!

Preventing Violence - James Gilligan 2001-07-17

In this controversial and compassionate book, the distinguished psychiatrist James Gilligan proposes a radically new way of thinking about violence and how to prevent it. Violence is most often addressed in moral and legal terms: "How evil is this action, and how much punishment does it deserve?" Unfortunately, this way of thinking, the basis for our legal and political institutions, does nothing to shed light on the causes of violence. Violent criminals have been Gilligan's teachers, and he has been their student. Prisons are microcosms of the societies in which they exist, and by examining them in detail, we can learn about society as a whole. Gilligan suggests treating violence as a public health problem. He advocates initiating radical social and economic change to attack the root causes of violence, focusing on those at increased risk of becoming violent, and dealing with those who are already violent as if they were in quarantine rather than in constraint for their punishment and for society's revenge. The twentieth century was steeped in violence. If we attempt to understand the violence of individuals, we may come to prevent the collective violence that threatens our future far more than all the individual crimes put together.

Acting For Real - Renée Emunah 2013-10-28

First published in 1994. Routledge is an imprint of Taylor & Francis, an informa company.

Assessment in Drama Therapy - David Read Johnson 2012

DRAMA THERAPY - Robert J. Landy
1994-01-01

Emerging from the first degree-granting program in drama therapy, this text is the first to examine drama therapy as a discipline. It deals not with drama in therapy but with drama therapy itself, documenting its legitimacy as a distinct field. After reviewing its dramatic and psychotherapeutic context, the author examines the conceptual basis of drama therapy, tracing its interdisciplinary sources and delineating important concepts from related fields. A theoretical model of drama therapy is offered, based on the source material. The most widely practiced techniques of drama therapy are examined, including psychodramatic practices and projective techniques. The author also focuses on appropriate populations and settings: the emotionally, physically, socially, and developmentally disabled in schools, clinics, hospitals, prisons, and other environments. Special attention is directed to therapeutic theatre performances. The text concludes with reports of research, past, present, and future, and offers observations based upon the significant role drama therapy can play in fostering balance within individuals and among peoples.

The Clinical Thinking of Wilfred Bion - Joan Symington 2002-01-31

Winner of the 2013 Sigmund Award!

Psychoanalysis seen through Bion's eyes is a radical departure from all conceptualizations which preceded him. In this major contribution to the series *Makers of Modern Psychotherapy*, Joan and Neville Symington concentrate on understanding Bion's concepts in relation to clinical practice, but their book is also accessible to the educated reader who wishes to understand the main contours of Bion's thinking. Rather than following the chronological development of Bion's ideas, each chapter looks in depth at an important theme in his thinking and describes how this contributes to his revolutionary model of the mind.

Kafka - Gilles Deleuze 1986

In *Kafka* Deleuze and Guattari free their subject from his (mis)interpreters. In contrast to traditional readings that see in Kafka's work a case of Oedipalized neurosis or a flight into transcendence, guilt, and subjectivity, Deleuze and Guattari make a case for Kafka as a man of joy, a promoter of radical politics who resisted at

every turn submission to frozen hierarchies.

Monologues for Teens - Erin Detrick

2008-06-05

"Collection of monologues from the Playscripts, Inc. catalog of plays, representing a variety of American playwrights. The source material for each monologue may be found on the Playscripts website, where nearly the entire text of every play can be read f

Getting Past Your Past - Francine Shapiro

2013-03-26

A totally accessible user's guide from the creator of a scientifically proven form of psychotherapy that has successfully treated millions of people worldwide. Whether we've experienced small setbacks or major traumas, we are all influenced by memories and experiences we may not remember or don't fully understand. Getting Past Your Past offers practical procedures that demystify the human condition and empower readers looking to achieve real change. Shapiro, the creator of EMDR (Eye Movement Desensitization and Reprocessing), explains how our personalities develop and why we become trapped into feeling, believing and acting in ways that don't serve us. Through detailed

examples and exercises readers will learn to understand themselves, and why the people in their lives act the way they do. Most importantly, readers will also learn techniques to improve their relationships, break through emotional barriers, overcome limitations and excel in ways taught to Olympic athletes, successful executives and performers. An easy conversational style, humor and fascinating real life stories make it simple to understand the brain science, why we get stuck in various ways and what to do about it. Don't let yourself be run by unconscious and automatic reactions. Read the reviews below from award winners, researchers, academics and best selling authors to learn how to take control of your life.

Encouraging Your Child's Imagination - Carol E. Bouzoukis 2012-01-16

An easy-to-use guide to creating simple dramas with young children. Written especially for parents, daycare providers, librarians, educators, and youth leaders who want to not only encourage their children's imaginations but also enhance their self-esteem and joy in learning.

Drama in Therapy: Adults - Richard Courtney 1981