

Anatomia Della Coppia I Sette Principi Dellamore

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Not My Mother's Sister - Astrid Henry 2004-09-07

Rebellious generations and the emergence of new feminisms.

Places of Performance - Marvin A. Carlson 1989

Explores the cultural, social, and political aspects of theatrical architecture, from the theatres of ancient Greece of the present

[Love in a Time of Loneliness](#) - Paul Verhaeghe 2018-04-17

The first essay, "The Impossible Couple", is both a humorous and razor-sharp analysis of the contemporary relationship between man and woman. In the second essay, "Fleeing Fathers", the author demonstrates that today the Freudian Oedipus complex has disappeared, with a resulting shattering of classic gender roles. Post-modern morals are strange compared to previous morality, because they convey an obligation to enjoy. Things become even stranger when one finds that the expected enjoyment fails to come and, instead of that, we are faced with boredom, anxiety, and anger. The author reconsiders the opposition between Eros and Thanatos as an opposition between two forms of sexual pleasure. The fact that this opposition is ever present in heterosexual love demonstrates that gender differentiation goes beyond temporal cultural forms. Accessibly written and provocatively argued, *Love in a Time of Loneliness* is a polemic whose very informality belies

its serious intent. In these three fascinating essays, The author leaves the ordinary paths of thinking and sets out to discover what drives us in sex and love.

There Are Places in the World Where Rules Are Less Important Than Kindness - Carlo Rovelli 2022-05-10

A delightful intellectual feast from the bestselling author of *Seven Brief Lessons on Physics* and *The Order of Time* One of the world's most prominent physicists and fearless free spirit, Carlo Rovelli is also a masterful storyteller. His bestselling books have introduced millions of readers to the wonders of modern physics and his singular perspective on the cosmos. This new collection of essays reveals a curious intellect always on the move. Rovelli invites us on an accessible and enlightening voyage through science, literature, philosophy, and politics. Written with his usual clarity and wit, this journey ranges widely across time and space: from Newton's alchemy to Einstein's mistakes, from Nabokov's lepidopterology to Dante's cosmology, from mind-altering psychedelic substances to the meaning of atheism, from the future of physics to the power of uncertainty. Charming, pithy, and elegant, this book is the perfect gateway to the universe of one of the most influential minds of our age.

Parliamo Italiano! - Suzanne Branciforte 2001-11-12

The Second Edition of Parliamo italiano! instills five core language skills by pairing cultural themes with essential grammar points. Students use culture—the geography, traditions, and history of Italy—to understand and master the language. The 60-minute Parliamo italiano! video features stunning, on-location footage of various cities and regions throughout Italy according to a story line corresponding to each unit's theme and geographic focus.

Anatomia della coppia. I sette principi dell'amore - Erica F. Poli 2015

Anatomia della Coppia - Erica Francesca Poli 2015-09-28

"L'amore è un argomento da comprendere vivendolo. Questo libro è un valido aiuto." Un libro dedicato alla realizzazione della più alta coscienza di sé attraverso l'esperienza della coppia scritto con la solita grazia e rigorosità scientifica che contraddistinguono l'autrice. Quando siamo in coppia, ci interroghiamo su una esperienza di coppia finita o creiamo una nuova coppia, assai di frequente dimentichiamo che la coppia è un terzo rispetto ai due che la compongono. Ha le sue regole, le sue fasi, i suoi bisogni, la sua coscienza. Molto spesso le difficoltà che incontriamo nelle faccende d'amore sono legate proprio a questo, all'incapacità di leggere e guidare la coppia costruendo la vera unione che è appunto il terzo essere fatto dai due. Cosa significa esattamente unione? Come creare l'unione nella coppia? Un viaggio verso l'amore incondizionato e la vera felicità interiore, che prende le mosse dalle più recenti scoperte delle neuroscienze e della psicologia energetica, fino a raggiungere le vette di una riflessione sull'Anima e il salto di Coscienza che l'Amore ci offre, arricchito da casi e storie reali e corredato di un vademecum per la coppia felice davvero applicabile ed efficace. L'AUTRICE: La dott. Erica F. Poli è medico psichiatra, psicoterapeuta e counselor. Membro di molte società scientifiche, tra cui IEDTA (International Experiential Dynamic Therapy Association), ISTDP Institute e OPIFER (Organizzazione Psicoanalisti Italiani Federazione e Registro), annovera un'approfondita ed eclettica formazione psicoterapeutica che le ha fornito la capacità di

affrontare il mondo della psiche fino alla spiritualità, sviluppando un personale metodo di lavoro interdisciplinare e psicosomatico.

The Secrets of the Seducer - Francesco Cibelli 2019-10-30

For years, men have been perfecting the art of seducing women. Francesco Cibelli, one of the most experienced Italian masters in the art of seduction, is ready to share all of his tips and tricks to score a woman. Stop puzzling over how many girls you are missing out on because you don't know the right techniques. With this eBook you can unlock the mysteries of what women really want in a man and learn how to effectively pick up the best girls, but with a delicious, magnetic, and effective seduction method. Unlike most guides, this is a comprehensive code of gallant strategies that are aimed at the more reserved females. The women you want to take home to meet your mother. In this easy to follow guide, the author will show you how to:*seduce a woman without appearing too romantic or corny*understand techniques and rules from real-world experience*hypnotize women with love, regardless of their current relationship status Pick up this book today and see what everyone is saying about this amazing guide. "I'm a young guy and I still don't know how to approach girls, but this eBook has helped me to pick up more girls in bars and clubs. Highly recommended for those seeking advice on seduction!"Francesco Tesei"I never had a problem getting girls but reading this guide I actually learned how to seduce in a magnetic and delicious way! Now I pick up girls even at the bus stop!"Paolo Rieti"My friends always talk to me about liquid love, and about how to talk to girls the right way so as to pick them up and seduce them. Well, in this book you will find a very up-to-date and interesting guide on how to have a magnetic and delicious seduction! Congratulations to the author."Fabio Persico"With this book seducing women seems a piece of cake, but is it true? I still have to try many of the techniques, but so far it seems to be better in picking up girls. So, kudos to the author."Enzo Dellerà
Handbook of Perinatal Clinical Psychology - Rosa Maria Quatraro 2020-03-26
The book examines the major issues in perinatal clinical psychology with the presence of theoretical information and operational indications,

through a biopsychosocial approach. The multiplicity of scientific information reported makes this book both a comprehensive overview on the major perinatal mental health disorders and illnesses, and a clinical guide. It covers perinatal clinical psychology through a journey of 15 chapters, putting the arguments on a solid theoretical basis and reporting multiple operational indications of great utility for daily clinical practice. It has well documented new evidence bases in the field of clinical psychology that have underpinned the conspicuous current global and national developments in perinatal mental health. As such, it is an excellent resource for researchers, policy makers, and practitioners - in fact, anyone and everyone who wishes to understand and rediscover, in a single opera, the current scientific and application scenario related to psychological health during pregnancy and after childbirth.

Happy Genetics: From Epigenetics to Happiness - Pier Mario Biava
2021-01-12

Is it possible to reverse the rate of stress, illness and sickness? Yes, simply by choosing Happiness as the driving force for change! In a simple and clear way the book will introduce us to the understanding of epigenetics and stem cell research, giving us new and practical keys to bringing more Wellness and Health into our lives.

The Opposite of Worry - Lawrence J. Cohen 2013-09-10

“The most helpful book on childhood anxiety I have ever read.”—Michael Thompson, Ph.D. Whether it’s the monster in the closet or the fear that arises from new social situations, school, or sports, anxiety can be especially challenging and maddening for children. And since anxiety has a mind of its own, logic and reassurance often fail, leaving parents increasingly frustrated about how to help. Now Lawrence J. Cohen, Ph.D., the author of *Playful Parenting*, provides a special set of tools to handle childhood anxiety. Offering simple, effective strategies that build connection through fun, play, and empathy, Dr. Cohen helps parents • start from a place of warmth, compassion, and understanding • teach children the basics of the body’s “security system”: alert, alarm, assessment, and all clear. • promote tolerance of uncertainty and discomfort by finding the balance between outright avoidance and

“white-knuckling” through a fear • find lighthearted ways to release tension in the moment, labeling stressful emotions on a child-friendly scale • tackle their own anxieties so they can stay calm when a child is distressed • bring children out of their anxious thoughts and into their bodies by using relaxation, breathing, writing, drawing, and playful roughhousing With this insightful resource of easy-to-implement solutions and strategies, you and your child can experience the opposite of worry, anxiety, and fear and embrace connection, trust, and joy. Praise for *The Opposite of Worry* “The Opposite of Worry is an informative resource for parents and other family members. The book is easy to read, comprehensive and notable for its many practical suggestions.”—New England Psychologist “Good advice for parents making daily calls to the pediatrician . . . Anxiety is a full-body sport, and Cohen’s main advice is not to treat it with words but with actions. . . . Physicality is about living in the present, and for anxious people, the present is a powerful place of healing. Intended for parents of children ages 3 to 15, this book offers anecdotes and fun anti-anxiety games.”—Publishers Weekly “Here’s the help parents of anxious children have been looking for! Dr. Cohen’s genius is in the warm and generous spirit of the strategies he outlines for parents. He grounds his playful approach in a sound explanation of how anxiety affects children, and how they heal. Parents will come away with plenty of ideas to help them develop their children’s confidence. While reading, I found myself thinking, ‘I’d like to try that for myself!’”—Patty Wipfler, founder and program director, *Hand in Hand Parenting* “If you want to understand your child’s anxiety—and your own parental worries—you must read Larry Cohen’s brilliant book, *The Opposite of Worry*. Dr. Cohen is one of the most imaginative and thoughtful psychologists you will ever encounter. He explains how and why children become anxious and then shows how we can use empathy and play to help them escape from the terrifying dark corners of childhood.”—Michael Thompson, Ph.D. “The Opposite of Worry offers a treasure trove of ideas to help children feel confident and secure. Lawrence Cohen has written a book that will help every parent of an anxious child.”—Aletha Solter, Ph.D., founder, *Aware Parenting*, and

author of Attachment Play

In Praise of Forgiveness - Massimo Recalcati 2020-05-19

Relationships fall apart, marriages fail, couples break up – it happens to us all. Time corrodes passion and the routines of daily life kill the excitement that surrounds the emotion of the first encounter. The difficulty of uniting sexual pleasure with love, which Freud considered to be the most common neurosis in any love life, has become emblematic of a truth that seems undeniable: desire is destined to die if its object is not constantly renewed, if we do not change partner, if it is closed for too long in the restrictive chamber of the same bond. And yet what happens to these bonds when one of the two partners betrays the other, when the promise fails, when there is another emotional experience cloaked in secrecy and deceit? What happens if the traitor then begs forgiveness? Are they asking to be loved again and, having declared that it is not like it used to be, now want everything to go back to how it was? Should we make fun of lovers in their attempts to make love last? Or should we try to face up to the experience of betrayal, with the offence caused by the person we love most? Should we not perhaps attempt to praise forgiveness in love?

Papaya Salad - Elisa Macellari 2020-11-03

The debut graphic novel from Thai-Italian illustrator Elisa Macellari, Papaya Salad tells the story of her great-uncle Sompong who found himself in Europe on military scholarship on the eve of World War II. A gentle and resolute man in love with books and languages, in search of his place in the world, Sompong chronicles his life during the war and falling for his wife, finding humor and joy even as the world changes irrevocably around him. This Winner of the 2019 Autori di Immagini Silver Medal in the Comics category tells the human story of the War, from a perspective not typically seen. "An historical and emotional journey through my family and my roots that are grown between Europe and Asia. A personal narrative that needs to be shared and hopefully arouses empathy in the reader." -- Elisa Macellari

Heaven and Hell - Emanuel Swedenborg 1758

I for Isobel - Amy Witting 2014-01-29

Winner of the Barbara Ramsden Prize, 1990. This was life: no sooner had you built yourself your little raft and felt secure than it came to pieces under you and you were swimming again. Born into a world without welcome, Isobel observes it as warily as an alien trying to pass for a native. Her collection of imaginary friends includes the Virgin Mary and Sherlock Holmes. Later she meets Byron, W.H. Auden and T.S. Eliot. Isobel is not so much at ease with the flesh-and-blood people she meets, and least of all with herself, until a lucky encounter and a little detective work reveal her identity and her true situation in life. I for Isobel, a modern-day Australian classic, was followed by Isobel on the Way to the Corner Shop, winner of the Age Book of the Year Award. Amy Witting was born in Annandale, an inner suburb of Sydney, in 1918. She attended Sydney University, then taught French and English in state schools. Beginning late in life she published six novels, including The Visit, I for Isobel, Isobel on the Way to the Corner Shop and Maria's War; two collections of short stories; two books of verse, Travel Diary and Beauty is the Straw; and her Collected Poems. 'When we come to write the history of Australian writing in the twentieth century, the strange case of Amy Witting will be there to haunt us. Here is a writer who not only has great gifts - the kind of expert and mimetic gifts that would impel instant recognition from someone who admired a fine-lined American naturalist like William Maxwell - but a realist who has an effortless immediacy and a compelling sense of drama that should have ensured the widest kind of appeal, the sort of appeal that Helen Garner could command in her fiction-writing days. And yet this woman who published in the New Yorker and commanded the respect of Kenneth Slessor was scarcely encouraged during the long grey sleep of Australian fiction publishing. It wasn't until the publication of I for Isobel...that Witting gained a national profile.' Peter Craven 'Australia's Amy Witting is comparable to Jean Rhys, but she has more starch, or vinegar. The effect is bracing.' New Yorker 'Isobel is instinctively searching for a lost part of her substance, the very memory of which has been obliterated. Prompted by her inexplicable sense of loss, she goes on her way,

deviating, baffled, yet rejecting substitutes. To call the ending happy is to say both too much and too little. Was the lost part also searching for her? Amy Witting's admirers will find this novel as distinctive and compelling as her stories and her poetry.' Jessica Anderson '[Witting] lays bare with surgical precision the dynamics of families, sibling, students in coffee shops, office coteries. One sometimes feels positively winded with unsettling insights. There is something relentless, almost unnerving in her anatomising of foibles, fears obsessions, private shame, the nature of loneliness, the nature of panic.' Janette Turner Hospital 'A beautifully but unobtrusively honed style, a marvellous ear for dialogue, a generous understanding of the complex waywardness of men and women.' Andrew Riemer 'Terrific - incredibly wise...When I finished it I went straight back to the first page.' Cate Kennedy

The Complete Prophecies of Nostradamus - Nostradamus 2009

Provides the complete prophecies of Nostradamus, accompanied by new interpretations of the seer's predictions with analysis that includes the dates on which the predictions would occur.

The Forgotten Revolution - Lucio Russo 2013-12-01

The period from the late fourth to the late second century B. C. witnessed, in Greek-speaking countries, an explosion of objective knowledge about the external world. While Greek culture had reached great heights in art, literature and philosophy already in the earlier classical era, it is in the so-called Hellenistic period that we see for the first time — anywhere in the world — the appearance of science as we understand it now: not an accumulation of facts or philosophically based speculations, but an organized effort to model nature and apply such models, or scientific theories in a sense we will make precise, to the solution of practical problems and to a growing understanding of nature. We owe this new approach to scientists such as Archimedes, Euclid, Eratosthenes and many others less familiar today but no less remarkable. Yet, not long after this golden period, much of this extraordinary development had been reversed. Rome borrowed what it was capable of from the Greeks and kept it for a little while yet, but created very little science of its own. Europe was soon smothered in the obscurantism and stasis

that blocked most avenues of intellectual development for a thousand years — until, as is well known, the rediscovery of ancient culture in its fullness paved the way to the modern age.

The Anatomy of the Couple - Erica Francesca Poli 2018-06-07

When we are in a couple, when we question ourselves about the experience of coupledness or as we form a new partnership, very often we forget that the couple is a third compared to the two that compose it. The couple has its own rules, its phases, its needs, its conscience. Very often the difficulties that we encounter in the affairs of love are linked precisely to this, to the inability to read and guide the couple by building a true union that recalls this third being made by two. What exactly does that mean? How can we create union in the couple? A journey towards unconditional love and true inner happiness, starting with the most recent discoveries in neuroscience and energetic psychology, which leads to the peaks of a reflection on the Soul and the leap of Conscience that Love offers us, enriched by real cases and stories and accompanied by a practical guide for the happy couple which is both comprehensive and effective. The love which we can live today is no longer destined to make us suffer, but to make us free. Now, more than ever, we can know its anatomy and penetrate its mysteries. Erica F. Poli is a psychiatric doctor, psychotherapist and counsellor. As a member of scientific societies including IEDTA, ISTDP Institute and OPIFER, her background includes a profound and eclectic psychotherapeutic training that has granted her the skill to bridge the world of the psyche with that of spirituality. Therein she has developed her own personal interdisciplinary and psychosomatic working method which is continuously updated through her active participation in and organization of courses, congresses and scientific publications. She is dedicated to the development of Integrative Medicine with the implementation of traditional pharmacology with phyto and nutraceuticals, and the use of innovative and deeply rooted therapeutic techniques grounded in modern neuro-scientific knowledge on the functioning of the mind. She is not limited by treating single psychic disturbances but takes care of and shows attention to each person as a

mind-body whole.

Emotional Balance - Roy Martina 2010-10-04

Dr Roy Martina has developed a powerful comprehensive healing system called 'Omega healing'. This preventative system has been acknowledged as one of the most powerful healing techniques currently available. It tackles the root cause of problems - not just the symptoms. Balancing the emotional body and returning to our core essence restores us to greater health, ease and happiness. This fantastic CD package collects together some of Roy's most powerful teachings on this subject, along with meditations that will allow you to implement its incredible effects in your life. The first section provides an excellent introduction to Roy's background and how he came to heal himself using his Omega Healing technique. The second section features four incredible meditations that will allow you to heal every aspect of your life. The first provides energy and vitality. The second is a relaxing visualisation for the end of the day. The third helps with releasing feelings. The fourth helps heal traumas in our past lives. These meditations, recorded live in London and exclusively for Hay House showcase one of the brightest new voices in healing.

Neuronal Man - Jean-Pierre Changeux 1997-04-22

Over the past thirty-five years, there has been an explosive increase in scientists' ability to explain the structure and functioning of the human brain. While psychology has advanced our understanding of human behavior, various other sciences, such as anatomy, physiology, and biology, have determined the critical importance of synapses and, through the use of advanced technology, made it possible actually to see brain cells at work within the skull's walls. Here Jean-Pierre Changeux elucidates our current knowledge of the human brain, taking an interdisciplinary approach and explaining in layman's terms the complex theories and scientific breakthroughs that have significantly improved our understanding in the twentieth century.

Anatomia della Guarigione - Erica Francesca Poli 2014-07-01

Nella mente di molti - ricercatori, medici e pazienti - si sta facendo strada la convinzione che il corpo e il cervello parlano fra loro e si

influenzano reciprocamente, nella salute come nella malattia. Questa convinzione, già ben chiara nei saperi della medicina ippocratica e delle medicine orientali, trova oggi fondamento scientifico nelle neuroscienze, nella Psiconeuroendocrinoimmunologia, nella medicina centrata sulle emozioni come ponte tra psiche e soma e sull'energia come chiave essenziale della vita. Cos'è la guarigione? Cosa la determina veramente? Come far sì che accada? È ormai sempre più chiaro che non esiste una sola e unica medicina e che le strade della guarigione scorrono necessariamente attraverso l'integrazione di più saperi e di più prospettive. Alla luce delle più recenti ricerche di neurofisiologia, scienze della psiche e fisica quantistica, questo libro esplica i sette principi della potente interazione tra psiche e corpo nei processi di guarigione, fornendo risposte scientifiche agli interrogativi sui meccanismi che la attivano e individuando terapie che consentono di accendere questi interruttori profondi. E lo fa attraverso riflessioni, esempi e casi reali raccontati da una psichiatra, un medico eclettico, dalla formazione rigorosa ma dalla mente aperta, impegnata da ormai più di 15 anni nel cercare la strada verso la guarigione di patologie anche gravi dell'unità psicosoma, utilizzando sinergie terapeutiche che rafforzano le cure ufficiali con trattamenti innovativi, in una appassionata attività di instancabile riparazione della sofferenza, con il paziente, o meglio la persona, sempre, costantemente al centro. "Leggere questo libro mi ha emozionato, all'autrice va tutta la mia più sincera gratitudine per aver messo a disposizione di tutti le sue preziose conoscenze" L'AUTRICE: La dott. Erica F. Poli è medico psichiatra, psicoterapeuta e counselor. Membro di molte società scientifiche, tra cui IEDTA (International Experiential Dynamic Therapy Association), ISTDPIstitute e OPIFER (Organizzazione Psicoanalisti Italiani Federazione e Registro), annovera un'approfondita ed eclettica formazione psicoterapeutica che le ha fornito la capacità di affrontare il mondo della psiche fino alla spiritualità, sviluppando un personale metodo di lavoro interdisciplinare e psicosomatico.

Psychoanalytic Energy Psychotherapy - Phil Mollon 2018-03-26

People like to talk. We know that talking to an attentive and thoughtful

listener can be helpful in clarifying conscious and unconscious feelings, thoughts, and motivations. But is talk enough? The complex physiology of anxiety and traumatic stress reactions is often stubbornly persistent, despite therapeutic exploration in both conscious and unconscious areas of the mind. In the case of severe trauma, talking can stir up the emotions and associated bodily disturbance without providing any resolution - sometimes leaving clients feeling worse. The developing field of energy psychology offers an entirely new perspective and gamut of techniques for locating where these traumatic patterns are encoded. They are not in the mind - but in the energy system at the interface of psyche and soma. By addressing these realms concurrently, a powerful therapeutic synergy emerges that allows rapid and deep shifts in the patterns of distress that drive the psychosomatic system.

Come un fiore tra le ortiche - Francesca Costantini 2017-10-04

Nella presente opera l'Autrice, anche attraverso il racconto di diversi casi clinici, aiuta a comprendere i volti dell'Amore e l'inganno e l'illusione delle passioni. Nelle relazioni amorose, quando a scendere in campo è l'Ego, la coppia stessa diventa una società di servizio, in cui a farla da padroni sono avventurieri, strozzini, giocolieri, burattinai e predatori di anime, che chiedono all'Altro molto di più di quello che riescono a dare. Nei casi in cui a scendere in campo è Anima, Amore torna nel territorio che gli appartiene e l'unione vera, piena ed autentica si realizza, aperta al mistero, al terreno e al divino, Creato ed alla Creazione.

[The 5 Biological Laws and Dr. Hamer's New Medicine](#) - Andrea Taddei 2020

The German New Medicine discovered by Dr. Ryke Geerd Hamer and systematized in the 5 Biological Laws represents a change in the understanding of what is commonly called a disease. The German New Medicine is not a new method of treatment but the understanding of natural laws applicable to humans and animals. Through his studies, Dr. R.G. Hamer, came to the conclusion that the disease processes are not "errors of nature" but rather Significant Biological Programs of Nature stemming from sudden and dramatic events. This book was written with

the intent of shedding light on the understanding of the 5 Biological Laws, for those looking for and wanting to understand the issue fully; the study of matter and the spirit, whether reflective, critical and scientific, is up to the reader. www.5biologicallaws.com

No-fault Divorce - Werner J Feld 2019-03-04

Molecules of Emotion - Candace B. Pert 1997

Explains the science behind the brain's opiate receptors and other evidence of the intimate connections between mind and body, and their meaning for the future of Western medicine

Catalogo dei libri in commercio - 1996

Amore, sesso e percorsi di vita - Ivan De Marco 2017-04-01

[Julian the Apostate](#) - Gaetano Negri 1905

Psyche and Matter - Marie-Louise Von Franz 2001-05-01

Twelve essays by the distinguished analyst Marie-Louise von Franz—five of them appearing in English for the first time—discuss synchronicity, number and time, and contemporary areas of rapprochement between the natural sciences and analytical psychology with regard to the relationship between mind and matter. This last question is among the most crucial today for fields as varied as microphysics, psychosomatic medicine, biology, quantum physics, and depth psychology.

The Anatomy of Healing - Erica Francesca Poli 2017-07-01

What is healing? What really determines it? How can we make it happen? It is increasingly clear that there is not just one single kind of medicine and that paths to healing flow through the integration of multiple pieces of knowledge and the combination of many perspectives. In light of the latest research into neurophysiology, psyche science and quantum physics, this book outlines the seven principles of the powerful interaction between psyche and body in healing processes, providing scientific answers to questions about the mechanisms which trigger it and identifying therapies that allow us to turn these internal switches on.

This is demonstrated through reflections, examples, and real cases shared by the author, a psychiatrist and doctor who has completed several rigorous trainings but maintains an open mind and has been committed for more than 15 years to seek healing of serious illnesses in the psychosomatic unit by using therapeutic synergies that strengthen official care practices with innovative treatments, with her passionate work to painlessly repair suffering, with the patient, or rather the person, always and constantly at the centre.

Orgasms and How to Have Them - Jenny Hare 2007-01

Aimed at women who have never been able to orgasm, who cannot orgasm with a partner, or who used to orgasm but no longer can, this friendly, holistic guide first helps women identify possible reasons they may not be able to achieve orgasm, then helps them repair and overcome these difficulties. Asserting that—with understanding and a willingness to learn—all women are able to have orgasms, this reassuring must-read for dissatisfied women includes personal stories to assure them they are not alone, information on the biological mechanics of female orgasm, solo and partnered practical exercises, and advice on how to maintain the ability to orgasm throughout changes such as getting older or starting new relationships. The current state of women's sexuality is explored, as this helpful guide discusses the cultural myths that can hold women back psychologically and physically.

Dallas 1963 - Bill Minutaglio 2013-10-08

Winner of the PEN Center USA Literary Award for Research Nonfiction. Named one of the Top 3 JFK Books by Parade Magazine. Named 1 of The 5 Essential Kennedy assassination books ever written by The Daily Beast. Named one of the Top Nonfiction Books of 2013 by Kirkus Reviews. In the months and weeks before the fateful November 22nd, 1963, Dallas was brewing with political passions, a city crammed with larger-than-life characters dead-set against the Kennedy presidency. These included rabid warriors like defrocked military general Edwin A. Walker; the world's richest oil baron, H. L. Hunt; the leader of the largest Baptist congregation in the world, W.A. Criswell; and the media mogul Ted Dealey, who raucously confronted JFK and whose family name adorns the

plaza where the president was murdered. On the same stage was a compelling cast of marauding gangsters, swashbuckling politicians, unsung civil rights heroes, and a stylish millionaire anxious to save his doomed city. Bill Minutaglio and Steven L. Davis ingeniously explore the swirling forces that led many people to warn President Kennedy to avoid Dallas on his fateful trip to Texas. Breathtakingly paced, DALLAS 1963 presents a clear, cinematic, and revelatory look at the shocking tragedy that transformed America. Countless authors have attempted to explain the assassination, but no one has ever bothered to explain Dallas—until now. With spellbinding storytelling, Minutaglio and Davis lead us through intimate glimpses of the Kennedy family and the machinations of the Kennedy White House, to the obsessed men in Dallas who concocted the climate of hatred that led many to blame the city for the president's death. Here at long last is an accurate understanding of what happened in the weeks and months leading to John F. Kennedy's assassination. DALLAS 1963 is not only a fresh look at a momentous national tragedy but a sobering reminder of how radical, polarizing ideologies can poison a city—and a nation.

Requiem - Antonio Tabucchi 2002

While waiting for a private midnight assignation on a quay by the Tagus, the narrator spends his day, enjoying a series of chance encounters with such colorful characters as a young junky, a gypsy, a lost taxi driver, the ghost of the long dead poet Fernando Pessoa, and many others, both real and imaginary as he makes his way around Lisbon. Reprint.

Human Race Get Off Your Knees - David Icke 2010

In a book that marks the author's 20th year of uncovering suppressed information, he takes the manipulation of the human race and the nature of reality to new levels of understanding and calls for humanity to rise from its knees and take back the world from the sinister network of families and non-human entities that covertly control us from cradle to grave. Original.

Metamorphoses - Ovid 1960

Ovid's magnificent panorama of the Greek and Roman myths—presented by a noted poet, scholar, and critic. Prized through the ages for its

splendor and its savage, sophisticated wit, *The Metamorphoses* is a masterpiece of Western culture—the first attempt to link all the Greek myths, before and after Homer, in a cohesive whole, to the Roman myths of Ovid's day. Horace Gregory, in this modern translation, turns his own poetic gifts toward a deft reconstruction of Ovid's ancient themes, using contemporary idiom to bring to today's reader all the ageless drama and psychological truths vividly intact.

Medicine Upside Down - Giorgio Mambretti 2013-03-01

Dr Hamer is a highly controversial figure: his patients love him, yet other doctors want to block him, and meanwhile he gathers acknowledgements, but at the same time he is put on trial as well. Many believe that most of the opposition against him is because his theories -- and above all his long list of patients who have been healed -- go completely against established medicine... How can it be that diseases like cancer can simply be an attempt of the brain to fix (which means to heal) some emotional traumas? And that identifying such traumas and solving them can equate to healing the body? This is the only book available in Italy which is really up-to-date and comprehensive, very clear and supported by some brilliant cartoons: all these qualities have turned it into a real best seller. At long last a book on Dr Hamer's new Germanic Medicine that is both really easy-to-read and comprehensive. Approach these controversial, yet fascinating theories with objectivity and open-mindedness.

Love Is a Story - Robert J. Sternberg 1999-06-03

In this groundbreaking work, Robert Sternberg opens the book of love and shows you how to discover your own story--and how to read your relationships in a whole new light. What draws us so strongly to some people and repels us from others? What makes some relationships work so smoothly and others burst into flames? Sternberg gives us new answers to these questions by showing that the kind of relationship we create depends on the kind of love stories we carry inside us. Drawing on extensive research and fascinating examples of real couples, Sternberg identifies 26 types of love story--including the fantasy story, the business story, the collector story, the horror story, and many others--each with its

distinctive advantages and pitfalls, and many of which are clashingly incompatible. These are the largely unconscious preconceptions that guide our romantic choices, and it is only by becoming aware of the kind of story we have about love that we gain the freedom to create more fulfilling and lasting relationships. As long as we remain oblivious to the role our stories play, we are likely to repeat the same mistakes again and again. But the enlivening good news this book brings us is that though our stories drive us, we can revise them and learn to choose partners whose stories are more compatible with our own. Quizzes in each chapter help you to see which stories you identify with most strongly and which apply to your partner. Are you a traveler, a gardener, a teacher, or something else entirely? *Love is a Story* shows you how to find out.

Ti amo perché tengo a me - Massimo Bartoletti 2019-04-05

Con uno stile chiaro e narrativo, l'autore parte dal definire la differenza tra innamoramento e amore fino ad arrivare a descrivere come due persone possano costruire relazioni durature, trasformando le difficoltà in opportunità di crescita per la coppia. Delinea come l'amare qualcuno possa divenire una forte motivazione a migliorare se stessi, completando la propria individualità con quegli aspetti di noi che possiamo scoprire solo nel rapporto con l'altro. Dimostra quanto l'attenzione verso l'altro e il tempo che siamo disponibili a dedicare al rapporto giochino un ruolo fondamentale nelle relazioni affettive. Affronta le diverse difficoltà di coppia attraverso il racconto di storie reali, riservando un capitolo specifico alla dipendenza affettiva. Approfondisce gli effetti psicologici della fine di una storia importante e le implicazioni di quando avviene in coppie con figli, presentando, in appendice, una guida su come comunicare ai figli l'intenzione dei genitori di separarsi. Sfata i principali luoghi comuni sull'amore e sottolinea l'importanza di superare le proprie insicurezze che, come una stretta armatura, imprigionano la nostra voglia di amare.

Obsolete Objects in the Literary Imagination - Francesco Orlando 2008-10-01

Translated here into English for the first time is a monumental work of literary history and criticism comparable in scope and achievement to

Eric Auerbach's *Mimesis*. Italian critic Francesco Orlando explores Western literature's obsession with outmoded and nonfunctional objects (ruins, obsolete machinery, broken things, trash, etc.). Combining the insights of psychoanalysis and literary-political history, Orlando traces this obsession to a turning point in history, at the end of eighteenth-century industrialization, when the functional becomes the dominant

value of Western culture. Roaming through every genre and much of the history of Western literature, the author identifies distinct categories into which obsolete images can be classified and provides myriad examples. The function of literature, he concludes, is to remind us of what we have lost and what we are losing as we rush toward the future.