

The Awesome Of Awesomeness

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You Are Doing a Freaking Great Job. - Workman Publishing 2015-03-10
The perfect gift, and the easiest gift—because we all know someone who deserves a pat on the back, a big thumbs-up, or just a special thank-you! *You Are Doing a Freaking Great Job* is a vibrant, colorful, pocket-size book of encouragement. Created by more than 20 artists and designers—from the well-known Etsy favorites Emily McDowell and Mary Kate McDevitt, to emerging talents Lindsay Whitehead and J. Zachary Keenan—this powerful little book is filled with nearly 200 uplifting and inspiring quotes, lyrics, and words of advice rendered in the original hand-lettered style of art that is pinned and repinned on Pinterest and sold on Etsy. There are mantras: “You are in charge of your own happiness.” Galvanizing words of action: “Make it now.” Heartening quotes: “You are capable of more than you know.” Bursts of motivation: “Be a Warrior, Not a Worrier” and “Spread Your Arms and Trust Your Cape.” Interweaved throughout is complementary text—including surprising playlists, sweet and simple recipes, and suggestions for inspirational films to watch and commencement speeches to read.

Average is the New Awesome - Samantha Matt 2020-01-07

A celebration of ordinary awesomeness, for all of us who were told "You can do anything!" and then found out we actually can't Crappy apartments, lame relationships, getting passed over for a great job (again)—not what we expected for our adult lives. Americans tell their children you can become anything! But let's face it—most of us can't. Sure, some of our peers go on to become astronauts or billionaires. But most of us don't. In *Average Is the New Awesome*, Samantha Matt offers encouragement to us regular humans. This is a manifesto for ordinary awesomeness—for the beauty that can be found when we acknowledge that good enough really is good enough, and that greatness is yours to define.

The Awesome Book of Awesomeness - Adam Frost 2015-09-22

This awesome book of awesome questions and facts will provide hours of awesome fun! Bursting with engaging infographics, illustrations, and intriguing facts like how far Earth flies through space every three seconds, the largest and smallest known animals on the planet, and how much pressure deep sea diving exerts on your body, this book has interesting information for everyone. Packed with quirky full-color illustrations, this book will fill your mind with funny, weird, and awesome facts.

How to Live an Awesome Life - Polly Campbell 2015-10-19

Awe. It is about wonder. About accessing the amazing to express reverence, admiration. Awe like this can show up in every aspect of our lives – even those we declare as not so great. When we can look at all aspects of our lives with this kind wonder and admiration, awe changes us. We are broken open by it. It forces us to rethink things. To tweak our behaviors and choices. To move toward things that matter. Psychologist Nicholas Humphrey says awe forces us to reconfigure our mental model so we can make sense of what we've seen and experienced. It broadens us, inspires us. Awe then, has the ability to awaken us. It can show us the beauty that already exists and remind us who we are at our spiritual core. It brings us closer to our purpose and passion and helps us create meaning. It helps us to live with the mystery in life, to survive the uncertainty of it all. It allows us to sink into the experience of living. To engage in it. To be touched by it. To participate rather than needing to manipulate, contrive, or control every moment, each experience. When you live in awe of your life you are open to diverse experiences. Some are easy peasy, comfortable and even joyous. Others totally suck. But you are okay because you know that within every experience the possibilities are limitless and experience is multi-dimensional. It is never just one thing. It is always more than bad or good. Polly Campbell designed this book to help you engage with the awesome qualities of your life. Do the exercises if you want – or not. Read this book chapter by chapter or go to the section that will help you most right now. Take what works, discard the rest. You will not be graded on how well you use this book. You won't be

judged. Living an Awesome Life isn't about following a strict set of rules. It's about living from your essence and using all that to catapult you into your best life. What that life looks like is up to you. You are the creator of your moments. They are shaped by what you believe, what you notice, how you behave. You get to choose. No matter who you are, what you've done, where you've been, what you've experienced and borne, the very next moment can be awesome. Seriously. Sounds a little woo-woo, I know, but this is totally doable. When you discover the awe in the now, it transforms the next moment and makes it more possible, a bit easier to bear. A bit more awesome. When you string together a whole batch of little awesome moments, you can create a big, fat awesome life. Starting now. From right here

The Awesome - Eva Darrows 2015-05

Seventeen-year-old Maggie Cunningham is tough, smart, and sassy. She's also not like other girls her age, but then, who would be when the family business is monster hunting? Combat boots, ratty hooded sweatshirts, and hair worn short so nothing with claws can get a grip, Maggie's concerns in life slant more toward survival than fashion or boys. Which presents a problem when Maggie's mother informs Maggie that she can't get her journeyman's license for hunting until she loses her virginity. Something about virgin blood turning vampires into pointy rage monsters. Maggie's battled ghosts and goblins and her fair share of house brownies, but finding herself a boy - fitting in with her peers - proves a much more daunting task than any monster hunt. Did you know normal girls don't stuff their bras with holy water balloons or carry wooden stakes in their waistbands? And they care about things like "matching" and "footwear." Of course, they also can't clean a gun blindfolded, shoot a crossbow, or exorcise ghosts from a house. Which means they're lame and Maggie's not. Because Maggie's awesome. The Awesome, in fact. Just ask her. She'd be more than happy to tell you. After she finds herself a date...

[Awesome Dog 5000 \(Book 1\)](#) - Justin Dean 2019-07-02

Heads up, DOG MAN lovers! Watch out, readers of BAD GUYS! Robotic dog AWESOME DOG 5000 is in the neighborhood and he's. . . well, he's awesome. Marty, Ralph, and Skyler might make the ultimate secret combo when battling alien-slime ninjas in their favorite video game, but in real life they're just regular kids. That is, until the three best friends discover Awesome Dog 5000, a robotic dog with very real power-ups. Awesome Dog can "bark" a sonic boom, "walk" at speeds over three hundred miles per hour, and "fetch" with an atomic cannon. Life for Marty, Ralph, and Skyler just got a major turbo-boost! Attention, readers! AWESOME DOG 5000 is a wild action-comedy told through a mix of text and black-and-white illustrations, with a mystery to solve at the end. Can you handle the awesomeness?

The Book of Awesome - Neil Pasricha 2011-03-01

Based on the award-winning 10-million-plus-hit blog 1000 Awesome Things, *The Book of Awesome* is an international bestselling high five for humanity and a big celebration of life's little moments. Sometimes it's easy to forget the things that make us smile. With a 24/7 news cycle reporting that the polar ice caps are melting, hurricanes are swirling in the seas, wars are heating up around the world, and the job market is in a deep freeze, it's tempting to feel that the world is falling apart. But awesome things are all around us, like: • Popping Bubble Wrap • Wearing underwear just out of the dryer • Fixing electronics by smacking them • Getting called up to the dinner buffet first at a wedding • Watching *The Price Is Right* when you're home sick • Hitting a bunch of green lights in a row • Waking up and realizing it's Saturday *The Book of Awesome* reminds us that the best things in life are free (yes, your grandma was right). With laugh-out-loud observations from award-winning comedy writer Neil Pasricha, *The Book of Awesome* is filled with smile-inducing moments on every page that make you feel like a kid looking at the world for the first time. Read it and you'll remember all the things there are to feel good about. A New York Times Bestseller •

USA Today Bestseller • Globe and Mail Bestseller • Toronto Star Bestseller • Vancouver Sun Bestseller • Macleans Bestseller • Winner of the Forest of Reading Award

How I Met Your Mother and Philosophy - Lorenzo von Matterhorn 2013-11-18

Like philosophy itself, How I Met Your Mother has everyone thinking. How does a successful show that's been on the air for years suddenly become a hit in its fifth and sixth season? Have you ever wondered why you identify so strongly with Barney despite the fact that he's such a douche? Or why your life story doesn't make sense until you know the ending—or at least, the middle? Or where the Bro Code came from and why it's so powerful? Or why you'd sooner miss the hottest date in your life than have to live in New Jersey? Of course you have, or if you haven't, you'll clearly remember from now on that you have. How I Met Your Mother and Philosophy answers all these questions and a whole lot more, including one or two that even you may not have thought of. Twenty of the awesome-est philosophers ever congregated in one bar have come together to quaff a few drinks—and to analyze this most awesomely philosophical of sit-coms. They poke, prod, and sniff at such momentous matters as the metaphysics of possible worlds, the misdeeds of Goliath National Bank, the ontology of waiting to get slapped, the epistemology of sexual attraction, why the Platinum Rule is to never love thy neighbor, the authenticity of censoring yourself, the ethics of doing bad things with partly good intentions, why future Ted's opinions matter to present-day Ted, whether it's irrational to wait for the Slutty Pumpkin, and why Canadians have that strange Canadian slant on things. This book shows that viewers of How I Met Your Mother and Philosophy know that philosophy is much more than a song and dance routine.

The Book of (Holiday) Awesome - Neil Pasricha 2011-11-17

"Neil Pasricha is a gift. This book would make even the grinchiest Grinch love the holidays again."—A. J. Jacobs There's nothing like the holidays. They bring out the best, and sometimes the worst, in everyone. Luckily, Neil Pasricha is here to remind us that not only are the holidays great, but there's actually even more to celebrate than we realize. From Christmas, Hanukkah, and Kwanzaa, to other holidays throughout the year, such as Mother's Day and Thanksgiving, The Book of (Holiday) Awesome will show you why holidays are...AWESOME. • Making the first footprint in fresh snow • When the in-laws leave • Waking up and realizing it's Christmas • Just barely wrapping a gift with that tiny scrap of leftover wrapping paper • When they finally stop playing Christmas songs on the radio • Knowing "Kwanzaa" is worth more Scrabble points than "Hanukkah" or "Christmas"

The Awesome Book - James Kademian 2018-08-24

Do you know someone who is truly awesome? They have shown an aptitude in awesomeness so profound that spoken words alone could not illustrate just how awesome they are. You needed to take those awesome words and put them in printed form. They deserve it. How will you show them? Three words that will show appreciation a million times more than 80,000. Seriously, this book is page after page of "You Are Awesome!" in Bold, powerfully gratifying print. Until the end. Get the paperback version. The motivation doesn't come through well in an ebook. You will be just beginning to let them know how awesome they are. Enjoy this book, for you are indeed awesome. Pick up your copy today by clicking the BUY NOW button at the top of this page.

<https://youtu.be/1pW69bY5vJg>

Being and Awesomeness - Tiffany Tuttle 2015-07-20

Being and Awesomeness: Get Rad, Stay Rad is the first book by clinical psychologist Dr. Tiffany Tuttle. In her attempt to take the "sigh" out of psychology, Dr. Tuttle breathes new life into the field by celebrating self-help. She is unapologetic about her sense of humor and uses it to keep readers engaged so they can learn how to enhance their quality of life. Coming to terms with the past, understanding how early attachments influence today's behavior, conquering depression and anxiety, increasing self-awareness, finding ways to boost motivation and actually follow through on making positive changes are among the topics Dr. Tuttle examines in this useful, surprisingly wise handbook. Being and Awesomeness is for individuals 18 and up, whether they are current or former psychotherapy patients or think psychology is a hot pile of doo-doo. "There is a shared emotional suffering among us humans. We need to learn about it, accept it, and move through it so we can live happy and meaningful lives. This book has massive chunks of useful information with splashes of potty humor all mixed together. Consider it a toilet of enlightenment that will teach you how to flush your problems away." - Tiffany Tuttle, Psy.D

HTML Awesomeness Book - Gilad E. Tsur Mayer 2016-08-12

Welcome to the HTML Awesomeness Book, where you will learn to write the basics of HTML, the awesome way. My name is Gilad, and I will lead you through this amazing book! I began my career as a web developer, but soon transitioned to entrepreneurship, where I founded my very own startup company. Currently, I work at the company I've founded from scratch, and also I do what I love the most: teaching you guys! I designed this book for anyone seeking to learn basic HTML and begin a career as a rockstar web developer, as well as anybody who just loves to expand their knowledge. By the end of the book, you will have a rock solid knowledge of all HTML building blocks such as: HTML Titles HTML Links HTML images HTML Forms And many many more.. I will teach you the latest version of HTML5 by the standards of the W3C Association. These standards are used by all the major companies in the world. The ideal student for this course is anybody who wants to expand their knowledge of HTML or get a leg up in the web developer world. There are no prerequisites necessary to enroll but I do request that you come open-minded to my silly jokes! I look forward to meeting you inside.

The Awesome Body Book - Adam Frost 2016-03-10

How long are your intestines? How many mites live in your eyelashes? Do all adults wear clean underwear? And much more! Find out disgusting, hilarious, weird and wacky facts about your body with this awesome book! Are you ready for another EPIC book from the winner of the Blue Peter Book Award 2016 (Best Book with Facts)?

On Being Awesome - Nick Riggle 2017-09-19

In this lively treatise, pro-skater-turned-philosopher Nick Riggle presents a theory of awesomeness (and its opposite, suckiness) that's both sharply illuminating and more timely than ever "Nick Riggle's fun book is 'awesome' by its own definition. But don't miss its profound ambition, which is to show how philosophy unearths the structure of ordinary language, defines the meaning of life in routine business, and poses the question of how best to live." —Aaron James, author of Assholes: A Theory We all know people who are awesome and people who suck, but what do we really mean by these terms? Have you ever been chill or game? Do you rock or rule? If so, then you're tapped into the ethics of awesomeness. Awesome people excel at creating social openings that encourage expressions of individuality and create community. And if you're a cheapskate, self-promoter, killjoy, or douchebag, you're the type of person who shuts social openings down. Put more simply: You suck. From street art to folk singers, Proust to the great etiquette writer Emily Post, President Obama to former Los Angeles Dodger Glenn Burke, Riggle draws on pop culture, politics, history, and sports to explore the origins of awesome, and delves into the nuances of what it means to suck and why it's so important to strive for awesomeness. An accessible and entertaining lens for navigating the ethics of our time, On Being Awesome provides a new and inspiring framework for understanding ourselves and creating meaningful connections in our everyday lives.

How to Get to Awesome - Rhonda Sciortino 2016-09-13

YOUR JOURNEY IS YOUR DESTINY. MAKE IT AWESOME. Each of us has within ourselves the potential to be great. No, not just great—awesome. Yet all too often, we find ourselves acting as spectators in our own lives. How to Get to Awesome shows you fun, practical, and inspirational ways to be your best self, making it easy to incorporate simple changes in your day-to-day life. By identifying the main characteristics of positive people and establishing 101 concrete, easy-to-follow steps to enhance those virtues, How to Get to Awesome enables true, personal transformation to anyone willing to commit to being awesome. From the Hardcover edition.

The Awesome Guide to Life - Jason Ellis 2014-02-18

From the New York Times bestselling author, pro skater, satellite radio star and host of The Jason Ellis Show comes The Awesome Guide to Life, a hilarious follow-up full of no-holds-barred advice to help you get the most out of life. Drawing from his own experiences, Ellis offers the wisdom he's accumulated to help you handle any situation. Laugh-out-loud funny, told in the irreverent voice that draws legions of fans to his radio show, The Awesome Guide to Life teaches you how to create your signature look, how to party, how get laid, how to maintain a relationship, how to pick up a hooker—and more. But to maximize the opportunities that life has to offer you have to have confidence, Ellis argues—the confidence to define what you want, pursue your passion, and make your dreams a reality. In The Awesome Guide to Life Jason Ellis shows you how to develop the positive attitude you need to truly make things happen.

The Secret to Awesomeness - Tongol 2015-02-15

Can you actually create the life you've always wanted? Heck yeah! From

the bestselling author of *So You Thought You Knew* comes a refreshingly entertaining and inspiring journey that dips the reader's feet into the waters of science, philosophy and faith, reconciling these seemingly different worlds into something personal yet universal all at once. Filled with hilarious stories and life-changing insights, *The Secret to Awesomeness* is your guide to bending reality. LEARN HOW TO: - Love yourself

Diary of a Brilliant Kid - Andy Cope 2018-11-05

Life, the Universe and Awesomeness *Diary of a Brilliant Kid* is the "tweenager's" atlas for navigating life. This interactive collection of stories, quotes, theories and yes, science, guides you through the difficult years between ages 8 and 12 to help you make sense of yourself and the world around you. Everything is changing! And that's okay! It's actually more than okay — it's exciting. These changes are the opening salvo of your gradual transition into "grownup," and it's the perfect time to define who you are, how you think and how you choose to face the world. Is it a lot? Yes. But this book can help you sort things out and come out the other side shining. The journal format gives away the plot; Spoiler Alert: the Brilliant Kid is you. No matter how you feel, no matter what's happening in your head right now, you are not broken. You are a unique collection of talents and dreams and wants and surprises, and you have an entire lifetime ahead of you — aren't you curious to discover just how awesome life can be? This book takes you inside your own head, out into the world and everywhere your dreams may take you. Learn how to make the kinds of choices that make you feel alive Conquer the three R's of happiness: relationships, relationships and relationships Get a handle on today, tomorrow and what comes next Bounce back from the tough stuff, and discover the seven words that will change your life There's a lot to learn, but one lesson is clear: never be afraid to shine. Stand up, stand out and be spectacular — whatever that means to you. *Diary of a Brilliant Kid* gives you the map and compass so you can start your own journey today.

Awesome Blossom - Lauren Myracle 2013-01-08

The Flower Power books follow the funny fifth-grade adventures of four girls with little in common but their flower names who, nevertheless, blossom into the greatest of friends. Katie-Rose, Milla, Yasaman, and Violet have confronted their share of challenges in fifth grade: a dead hamster, turtle theft, trapeze lessons, and pesky boys, just to name a few. Nothing can stop these four fabulous friends. Well, nothing except for their archnemesis, the evil Modessa (a.k.a. "Medusa"). Somehow, Modessa has recruited one of the sweetest girls in the class to be her new sidekick. The flower friends are determined to save Elena, even if it means braving Modessa's wrath. But it will also mean getting Katie-Rose to focus—she's a bit too busy NOT flirting with cute-but-annoying Preston. And then there's Yasaman's little sister's birthday "bubblegum" party, which the four friends promised to organize . . . if it's possible to call anything involving 30 kindergartners organized. Luckily, Violet is back to herself and ready to lead the Flowers to their most glorious triumph. With mean girls, romance, and tons of fifth-grade drama, this critically acclaimed friendship series shows that author Lauren Myracle "has her finger firmly on the pulse of tween girlhood." (Booklist) Praise for *Awesome Blossom* "The girls' giggle-worthy antics and enough dangling plot threads will keep readers wanting more." --Kirkus Reviews "Shining example of themes and language (parts of the story are told in IMs, e-mails, and chat messages) that will cut straight to the heart of tween girls." --Booklist

Embrace Your Awesomeness - Julie Schooler 2021-02-23

It's time to remember just how awesome you really are... - Know how to eat, exercise and sleep well but just don't do it? - Are you feeling overwhelmed and out of control every single day? - Want to be more assertive and confident but don't want to appear unkind? This book gets to the heart of why we know what to do to have an amazing life but stop ourselves from being fulfilled and successful. It delves deep into why we are ridiculously busy, easily distracted and not reaching our true potential. And it provides answers as to why we don't go to bed on time, ask for a promotion and say 'no'. The latest wisdom from researchers, self-help experts and prosperous, happy people cuts through the confusion around stepping out of your comfort zone, provides compelling reasons for how habits can beat procrastination and explains how to stop worrying what others think. Embrace your awesomeness means clearing away the learned negative thought patterns and simply being the best person you were born to be. It is becoming untethered from societal norms that keep you small. It is not about fixing you as you are not broken. It is about becoming the real you. This is a clear, uplifting guide that will immediately help anyone who is struggling with day-to-day life

in this banana-pants crazy world. *Embrace Your Awesomeness* details four main types of hazardous thinking that prevent us from being our best selves: perfectionism, procrastination, people pleasing and playing small. Then it explains how to eliminate and minimize these hazards with an 'awesomeness makeover'. You will learn how to increase your self-worth, speak up without fear of criticism and find shortcuts to feel more in control. In addition, you will uncover easy ways to tap into your intuition, rediscover your creativity and dream big. Follow the short, chunked down chapters in *Embrace Your Awesomeness* to: - Stop being homesick for your deeper self - Bust myths around willpower and motivation - Act confidently even if you have low self-esteem - Love yourself even though that may sound excruciating - Use simple daily rituals to feel in control in this uncertain time - Learn how to overcome perfectionism, procrastination and people pleasing - Feel like you are living the life you were meant to live, one with excitement, meaning and true joy Ultimately, appreciating your imperfectly awesome self will allow you to grow into who you were always meant to be, reach your potential and share your gifts with the world. I can't think of anything more meaningful to do with your life. Can you? Where could eliminating exhaustion, resentment and guilt from your life lead? Imagine being at your absolute optimum no matter what. It's time to get out of your own way. What's stopping you from embracing your awesomeness today? If you take even a pinch of wisdom from this book, it is guaranteed that you will feel in control, thrive in a banana-pants crazy world and give yourself the best gift of all—reaching your true potential. Read this book and step into the power and brilliance that you have deep inside. To live a truly outstanding life, buy this book today.

Dream It! - Scott Stoll 2018

Dream It! A Playbook to Spark Your Awesomeness is a workbook that teaches middle-grade children to think about what they like, what they are good at, and what their passions are. This playbook is filled with open-ended brainstorming activities to designed to help kids identify their goals and dreams, whatever they are! *Dream It!* is an effective, evidence-based tool for teaching social-emotional skills, increasing optimistic thinking, and nurturing imagination.

The Young Man's Guide to Awesomeness - Barrett Johnson 2017-04-23

God invites every young man to a life of awesomeness, but most guys miss out. They settle for fantasy adventures and fake women, wasting their days with their eyes glued to a screen. Using a few words, some great illustrations and dozens of video clips, this guide will help you find a life worth living. It also answers the questions that many young men are asking: *If God wants me to live an awesome life, why am I so bored? *What's the big deal with porn? *When is the right time to start dating? *Why should I save sex for marriage? *How can I start building an awesome life today? Whether you are 13 or 23, this guide will help you to avoid some of the land mines that young men typically step on. It will point you towards the awesome, exciting, passionate life that God has planned for you. *This guy-friendly book includes links to 25 short video clips to illustrate and enhance the content as you read.

The Book of Business Awesome / The Book of Business UnAwesome - Scott Stratten 2012-08-07

UnAwesome is UnAcceptable. The Book of Business Awesome is designed as two short books put together—one read from the front and the other read from the back when flipped over. Covering key business concepts related to marketing, branding, human resources, public relations, social media, and customer service, *The Book of Business Awesome* includes case studies of successful businesses that gained exposure through being awesome and effective. This book provides actionable tools enabling readers to apply the concepts immediately to their own businesses. The flip side of the book, *The Book of Business UnAwesome*, shares the train-wreck stories of unsuccessful businesses and showcases what not to do. Key concepts include the power of peripheral referrals and how to create content for your "third circle" Explains how to re-recruiting your employees and re-court your customers Ensure that your business remains awesome, instead of unawesome, and apply these awesomely effective strategies to your business today.

You Are Awesome - Matthew Syed 2019-07-09

WHAT IF YOU COULD BECOME AWESOME AT (ALMOST) ANYTHING?

It's not as impossible as you might imagine. If you're the kind of person who thinks ... I need a special type of brain to do math You're either good at sports or you're not I don't have a musical bone in my body Challenge the beliefs that hold you back! Whatever you want to be good at, the right mindset can help you achieve your dreams. Times journalist, two-time Olympian, and bestselling author Matthew Syed demonstrates how

grit, resilience, and a positive mindset can help in every aspect of your life--from school to friendships to sports to hobbies. Using examples of role models from Serena Williams to Mozart, *You Are Awesome* shows how success is earned rather than given, and that talent can be acquired through practice and a positive attitude. Practical, insightful, and positive, this is the book to help you build resilience, embrace your mistakes, and grow into a more successful, happier YOU!

Average is the New Awesome - Samantha Matt 2020-01-07

A celebration of ordinary awesomeness, for all of us who were told "You can do anything!" and then found out we actually can't. Crappy homes, lame love lives, getting passed over for a great job (again)--not what we expected for our adulthoods. Americans tell their children you can become anything! But let's face it--most of us can't. Sure, some of our peers go on to become astronauts or billionaires. But most of us don't. In *Average Is the New Awesome*, Samantha Matt offers encouragement to us regular humans. Full of hilarious stories and insightful advice, this is a manifesto for ordinary awesomeness--for the beauty that can be found when we acknowledge that good enough really is good enough, and that greatness is ours to define.

You Are Awesome - Neil Pasricha 2019-11-05

#1 international bestseller Publishers Weekly bestseller The Globe and Mail (Toronto) The Toronto Star bestseller The Vancouver Sun bestseller From Neil Pasricha—New York Times, million-copy bestselling author of The Book of Awesome series and The Happiness Equation, thought leader for the next generation, and one of the most popular TED speakers in the world—comes a revelatory and inspiring book that will change the way we view failure and help us build resilience. We are lucky. For most of us, famine, plague, economic depression, and other life-threatening catastrophes are the stuff of history books. We're living in an era with the highest-ever rates of longevity, education, and wealth. Cars drive us home as our phones entertain us before we arrive to food delivered to the front door. We have it all! But there's just one side effect. We no longer have the tools to handle failure...or even perceived failure. When we fall, we lie on the sidewalk crying. When we spill, we splatter. When we crack, we shatter. We are turning into an army of porcelain dolls. A rude email from the boss means calling in sick. Only two likes on our post means we don't have friends. Cell phones show us we're never good enough. Yesterday's butterflies are tomorrow's panic attacks. Record numbers of students have clinical anxiety. And what about depression, loneliness, and suicide? All rising! What do we desperately need to learn? RESILIENCE. And we need to learn it fast. Read *You Are Awesome* to learn:

- The single word that keeps your options open after failure
- What every commencement speech gets wrong
- 3 ways to dramatically accelerate your ability to learn and adapt
- The 2-minute morning practice that helps eliminate worry
- Why you need an Untouchable Day (and how to get one)
- and much, much more...

Because the truth is, you really are awesome.

The Ultimate Book of Awesome Quotes for Girls - Michael Stutman 2017-06-19

As Melissa Etheridge said, "You are more powerful than you know; you are beautiful just as you are." With hundreds of quotes to inspire girls to reach for the stars and bounce back during tough times, the *Ultimate Book of Awesome Quotes for Girls* is a great companion for girls on a path to becoming their best selves and improving the world around them! Written by the founders of the largest online community of inspiration for kids, InspireMyKids.com, the words in this book help inspire young women to be beautiful from the inside out. As with all InspireMyKids content, it will help reinforce the foundation of values and character that underlie every truly successful person's (and woman's) life. Whether you're a young woman, parent, grandparent, teacher, counselor, mentor, coach or other involved adult, we trust that you will find inspiration in these pages to elevate character, courage, and awesomeness!

Awesome Is Everywhere - Neil Pasricha 2015-09-29

A stunning first picture book from the New York Times bestselling author of *The Book of Awesome*. Are you ready? With the simple touch of your fingers go on a stunning interactive journey to see the world as you never have before. Fly through wispy clouds, dive deep into the sparkling ocean, feel wet grains of sand on a hot and sunny beach... You will discover you can fly your mind to anywhere on Earth. And by the time you reach the surprise ending in this unforgettable journey you'll learn that awesome truly is everywhere.

All Kinds of Awesome - Jess Hitchman 2021-04-13

What kind of awesome will you be? Jess Hitchman's joyful, playful picture book, *All Kinds of Awesome*, celebrates children finding their passions

and embracing their own awesomeness, and is paired with adorable illustrations by Vivienne To of a diverse and multicultural group of kids, all coming together on the final line of: "You will always be awesome to me." With a message of acceptance and inspiration at the heart of this story, *All Kinds of Awesome* shows how amazing kids are today and how they can grow their interests and passions into something even cooler. [Narwhal's School of Awesomeness \(A Narwhal and Jelly Book #6\)](#) - Ben Clanton 2021-09-07

INTERNATIONAL BESTSELLER Narwhal and Jelly become the coolest teachers in the world wide waters in the hilarious sixth book of this blockbuster graphic novel series! Dive into four new stories about Narwhal and Jelly becoming substitute teachers! The two best friends come across an enthusiastic school of fish one morning. Unfortunately, Mr. Blowfish, their teacher, has come down with a cold, and class will have to be cancelled . . . until Professor Knowell (Narwhal) and Super Teacher (Jelly) volunteer to help out! The first subject is Wafflematics, in which Narwhal and Jelly calculate the number of waffles needed to feed the class. That's what we're chalking about! Next up is a super-fun science scavenger hunt, followed by a game of "Tag! You're Awesome!" at recess. Narwhal's teaching methods may be unconventional, but with Jelly's help, the two teach (and learn) with their trademark positivity and humor. Before they know it, the day is over . . . but what grade will Narwhal receive from Jelly?

180 Days of Awesome - Monica Genta 2018-10-04

180 Days of School = 180 Days of Awesome! Awesome is all around us. Every day you walk into your school something amazing is bound to happen. Some days that awesome is easy to see, it comes in the form of laughter, academic progress, achieving goals, and building relationships with kids. Some days that awesome is nearly impossible to see amongst all the meetings, curriculum changes, displeased parents, and behavior concerns. Here is the cool part, whether you are having a level 10 day or level 0 day, focusing on the awesome has the power to turn each day of education into an exciting adventure in learning. Come along with me on this 180 day quest as we learn to focus on those little awesome moments that have the power to change everything. Because sometimes it's the little things that make the biggest difference. So put on your teaching shoes, a big smile, and get a cup... or pot of coffee ready, you are about to embark on 180 days of awesome!

[You're Already Awesome](#) - Alison Faulkner 2022-08-16

"This is the book that will help you finally put your self-doubt to rest and awaken you to your brilliance." — Nakeia Homer, author of *I Hope This Helps Everywhere* we look, we're bombarded with millions of ways we can transform ourselves. But while often a worthwhile goal, this drive to be our best selves can also be overwhelming and stressful. Alison Faulkner has been there, and is here to remind us that nothing external can give us worth or value-- we're already awesome, what we need to do is learn how to recognize our inherent awesomeness and then step into our true power. In *You're Already Awesome*, Alison shares with honesty, vulnerability, and a whole lot of humor, personal stories and twelve powerful shifts that help us shift back into an awareness of our awesomeness. The tools in each chapter are tried and true methods that she has used herself and with countless clients to build successful businesses and step into the life of their dreams.

[The Awesome Human Project](#) - Nataly Kogan 2022-02-08

"The Awesome Human Project is an accessible, super-practical book that teaches the emotional fitness skills so many of us need to struggle less, have more energy, and experience more meaning and joy in life and at work"--

[The Path to Awesomeness](#) - Frederick Espiritu 2016-03-01

Who am I? What is my purpose? The answers to these questions seemed to have been elusive for many, or even yet the search still hasn't started for some. We are all students learning in the school called Life. As we go through it, we learn the lessons that will help us realize the true essence of who we are and what we can do. *The Path to Awesomeness* provides the clues that will take us closer to the Truth that is already within us. It will illuminate our minds and open our hearts as it takes us to the story of a personal awakening, so that we can see for ourselves the answers we've all been searching for. It's a journey that reflects our own path to healing, self-discovery and self-actualization of becoming awesome - our super human potential. It's the adventure of a lifetime that awaits us in *The Path to Awesomeness*, our destiny in life which we can only embark by letting go of the old-trodden path. *The Path to Awesomeness* will teach us life's greatest lesson - that falling in Love requires a leap of faith, knowing and trusting God will catch us.

Puberty Is Gross but Also Really Awesome - Gina Loveless

2021-03-23

A first-of-its-kind inclusive puberty guide that celebrates the good and completely awful parts of puberty. Filled with jokes and countless facts to put this stage in perspective--this book is bound to be every kid's new best friend! Puberty . . . is pretty gross for pretty much everyone. It's a smelly, hairy, sticky, and (worst of all) totally confusing time! But did you know there's a lot about puberty that makes it REALLY AWESOME? Get the whole picture with this honest, humorous, and empowering survival guide to the tween years. It's packed with straightforward illustrations, easy-to-understand scientific information, interesting studies, and tips from experts, covering everything from breast development and gender identity to acne and mental health. No matter your gender, sexuality, or race, this book is for you. Never shying away from the tough stuff, this utterly modern take on puberty is the resource this generation needs! Welcome to modern puberty--it's transformative, kind of gross, but undeniably AWESOME!

On Being Awesome - Nick Riggle 2017-09-19

In this lively treatise, pro-skater-turned-philosopher Nick Riggle presents a theory of awesomeness (and its opposite, suckiness) that's both sharply illuminating and more timely than ever "Nick Riggle's fun book is 'awesome' by its own definition. But don't miss its profound ambition, which is to show how philosophy unearths the structure of ordinary language, defines the meaning of life in routine business, and poses the question of how best to live." —Aaron James, author of *Assholes: A Theory* We all know people who are awesome and people who suck, but what do we really mean by these terms? Have you ever been chill or game? Do you rock or rule? If so, then you're tapped into the ethics of awesomeness. Awesome people excel at creating social openings that encourage expressions of individuality and create community. And if you're a cheapskate, self-promoter, killjoy, or douchebag, you're the type of person who shuts social openings down. Put more simply: You suck. From street art to folk singers, Proust to the great etiquette writer Emily Post, President Obama to former Los Angeles Dodger Glenn Burke, Riggle draws on pop culture, politics, history, and sports to explore the origins of awesome, and delves into the nuances of what it means to suck and why it's so important to strive for awesomeness. An accessible and entertaining lens for navigating the ethics of our time, *On Being Awesome* provides a new and inspiring framework for understanding ourselves and creating meaningful connections in our everyday lives.

Book of Even More Awesome - Neil Pasricha 2011

Based on the award-winning blog 1000 Awesome Things, *The Book of (Even More) Awesome* is the sequel to Pasricha's bestselling *The Book of*

Awesome. It is filled with more of the little wins that unexpectedly brighten your day. Finally getting that tiny piece of popcorn out of your teeth, accidentally doing something really good in sports, when a baby falls asleep on you, the moment on holiday when you forget what day of the week it is, waking up to the smell of sizzling bacon. While polar ice caps melt, buzz saws chop down forests, wars go on and on, here's a special, secret place where we can turn off that bright light, snuggle up and get comfy to chat about the sweetest parts of life. Filled with touching, astute and funny observations, each entry ends with the big, booming feeling you'll get when you read through them: AWESOME!

Radiating Awesomeness - Yuvaraaj M N K 2022-07-03

If you ever wondered how to lead an awesome life, this book will guide you step by step, helping you create a set of daily routine that makes you stand apart from the crowd and lead you to an amazing life.

Thankfulness Is Awesomeness - Tina Gallo 2016-09-06

Po and the Furious Five have a lot to be thankful for in this original story about the true meaning of the holidays. The holidays are approaching, and Po is thinking only of parties and celebrations. That is, until Master Shifu reminds him the holidays are a time to be thankful, and he has a lot to be thankful for. Shifu tells Po he should think about all the good things in his life. When Po starts to count his blessings (His father! His friends! Kung fu! Noodles and dumplings!), he realizes what a lucky panda he truly is. © 2016 Viacom International Inc. All Rights Reserved. NICKELODEON and all related logos are trademarks of Viacom International Inc. "Kung Fu Panda" © 2008 DWA LLC. All Rights Reserved.

Awesome Dog 5000 vs. Mayor Bossypants (Book 2) - Justin Dean 2020-03-03

Heads up, DOG MAN lovers! Watch out, readers of BAD GUYS! Robotic dog AWESOME DOG 5000 is back in another action-packed adventure with some upgrades. . .just in time to battle a new supervillain! Time to level up the awesomeness! Ever since discovering Awesome Dog 5000, life for gamers Marty, Ralph, and Skyler has been one epic adventure! But Awesome Dog's spectacular hero work has made front page news -- and Mayor Bossypants is not happy about it. The mayor makes a plan to take down that robot dog. . . and anyone else who stands in his way. Which means Marty, Ralph, and Skyler are about to have a real-life Bossypants battle! Attention, readers! This is a wild action-comedy told through a mix of text and black-and-white illustrations, with a mystery to solve at the end. Can you handle the awesomeness? Want to replay the first adventure? Check out the first book: *Awesome Dog 5000!*