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Stress Und Coping Bei Paaren

Stress und Coping bei Paaren . ISBN: 9783801713522 1. Auflage 2000, 364 Seiten Anzahl. 36,95 € inkl. USt. In den Warenkorb merken. Dieses Buch bietet einen international einzigartigen Überblick über das Thema Stress und Stressbewältigung bei Paaren. ...

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Stress und Coping bei Paaren mit einem verhaltensauffälligen Kind . By Barbara Gabriel and Guy Bodenmann. Get PDF (120 KB) Cite . BibTex; Full citation; Abstract.

Zusammenfassung.Theoretischer Hintergrund und Fragestellung: Obgleich einige Forschungsbefunde vorliegen, welche ein erhöhtes Stressniveau in verschiedenen

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Stress und Coping bei Paaren mit einem ...

Stress und Coping bei Paaren im Zusammenhang mit klinischen Störungen Dissertation zur Erlangung der Doktorwürden an der Philosophischen Fakultät der Universität Freiburg (CH) Genehmigt von der Philosophischen Fakultät auf Antrag der Professoren Guy Bodenman und Meinrad Perrez.

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Stress und Coping bei Paaren ; Zurück; Bild vergrößern. Stress und Coping bei Paaren . von Guy Bodenmann. Buch . Stress und Coping bei Paaren. ISBN: 9783801713522 1. Auflage 2000, 364 Seiten . Anzahl Auf Lager. 36,95 € inkl. USt. In den Warenkorb ...

Stress und Coping bei Paaren – Hogrefe Verlag

Auf der Grundlage eines systemisch-transaktionalen Konzepts werden im Rahmen der Stress-Coping-Thematik bei Paaren und Familien multimethodale Zugänge vorgestellt, die insbesondere drei Aspekte verdeutlichen: (a) die Analyse von interaktiven Verläufen im natürlichen Beziehungsalltag, (b) die Analyse von wechselseitigen Beeinflussungen und die Untersuchung von Möglichkeiten kompensatorischer ...

Die Analyse von Streß und Coping in Partnerschaften und ...

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Er lehrt und forscht an der Universität Zürich. Klappentext. Dieses Buch bietet einen internationalen einzigartigen Überblick über das Thema Stress und Stressbewältigung bei Paaren. Zunächst werden die wichtigsten, aktuell diskutierten, theoretischen Ansätze zu Stress und Coping bei Paaren und Familien dargestellt.

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Finanzielle Hochrechnungen beziffern jährliche Kosten aufgrund von Stress in Milliardenhöhe. Auch bei der Entstehung und Aufrechterhaltung psychischer Störungen wird Stress als eine wesentliche begünstigende Bedingung diskutiert. Hieraus entsteht Handlungsbedarf sowohl im präventiven als auch im therapeutischen Bereich.

This is the first book that reviews both empirical and clinical applications of how couples jointly cope with stress - dyadic coping - around the globe. The Systemic-Transactional Stress Model (STM), developed by co-editor Guy Bodenmann, is used as a consistent framework so readers can better appreciate the contrasts and similarities across the fourteen cultures represented in the book. Written by scholars from the particular culture, each chapter provides a conceptual review of the dyadic coping research conducted in their specific cultures, and also provides empirical and clinical recommendations. Additional contributions include how to measure

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dyadic coping, so others can apply the STM model in other contexts. The latest treatment approaches for therapy and prevention are also highlighted, making this book ideal for professionals interested in expanding their cultural competence when working with couples from various backgrounds. Highlights include: -How couples in different cultures deal with stress and how values and traditions affect dyadic stress and coping. -Global applications, especially to couples in the regions highlighted in the book -- the U.S (including one chapter on Latino couples in the U.S.), Australia, China, Greece, Hungary, Italy, Japan, Kenya, Nigeria, Pakistan, Portugal, Romania, and Switzerland. -Factors encountered in examining dyadic coping using the STM Model including measurement and assessment issues. -Suggestions for making treatment, prevention, and intervention programs for couples more effective. Ideal for relationship researchers, psychologists, mental health counselors, social workers, and advanced students who work with couples dealing with stress. This book is also appropriate for advanced courses on interpersonal processes, close relationships, stress and coping, multicultural issues in marriage and family therapy or counseling, or family systems, taught in a variety of social science disciplines.

Over the course of a lifetime, people are vulnerable to stress and anxiety in various domains, which may lead to impaired well-being and deteriorated health. To address both aspects, this book comprises two parts which deal with stress, anxiety and coping (1) over the life span and (2) in the context of health promotion. Part one is concerned with stressful person-environment interactions and the ways stress impact upon individual and group functioning in different life phases. For example, sources of adolescents' stress may include school demands and

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frustrations due to sexuality, while stress among the elderly might be caused by negative thoughts and feelings about physical deterioration and social isolation. Part two is dedicated to recent research on health promotion. Over time, stress and anxiety may lower resistance and make people more vulnerable to illness. From that perspective, antecedents, side effects and consequences of stress that may cause limitations in physical and psychological functioning are investigated, leading to a variety of serious health problems.

Family in all its aspects Familienbande International experts provide an overview of the current state-of-the-art of European family research and outline the multiple formations, structures and configurations of family in Europe. Four aspects are discussed in depth: family images, sex/gender roles, globalisation and family development processes. Influenced by globalisation, European countries experience processes which still have greatly varying consequences. Cultural differences, reflected in a range of family schemes and national family policies, are one reason for the continued existence of differences in the scope and speed of change processes. Quite generally, images and concepts of family have become more heterogeneous and flexible. The flip side of this coin is that family members are increasingly faced with the challenges of achieving a satisfactory work-life balance – a task aggravated by globalisation. We therefore need to ask how family policy can help families enjoy adequate freedom of action and latitude for their decision-making. To summarise: a read well worth the effort for all experts working in family research and family policy.

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Provides an interdisciplinary perspective on behaviors and strategies used to maintain intimate relationships.

Explores the latest developments in the processes underlying intimate relationships from an interdependence theory perspective.

Dyadic coping is a concept that has reached increased attention in psychological science within the last 20 years. Dyadic coping conceptualizes the way couples cope with stress together in sharing appraisals of demands, planning together how to deal with the stressors and engage in supportive or joint dyadic coping. Among the different theories of dyadic coping, the Systemic Transactional Model (STM; Bodenmann, 1995, 1997, 2005) has been applied to many studies on couples' coping with stress. While a recent meta-analysis shows that dyadic coping is a robust and consistent predictor of relationship satisfaction and couple's functioning in community samples, some studies also reveal the significance of dyadic coping in dealing with psychological disorders (e.g., depression, anxiety) or severe illness (e.g., cancer, diabetes, COPD, etc.). Researchers all over the world build their research on this or other concepts of dyadic coping and many typically use the Dyadic Coping Inventory (DCI) for assessing dyadic coping. So far, research on dyadic coping has been systematically presented in two books, one written by Revenson, Kayser, & Bodenmann in 2005, focussing on emerging perspectives on couples' coping, the other by Falconier, Randall, & Bodenmann more recently in 2016, addressing intercultural aspects of dyadic coping in African, American, Asian and

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European couples. This eBook gives an insight into recent dyadic coping research in different areas and countries.

Volume III of The Handbook of Systemic Family Therapy focuses on therapy with couples. Information on the effectiveness of relational treatment is included along with consideration of the most appropriate modality for treatment. Developed in partnership with the American Association for Marriage and Family Therapy (AAMFT), it will appeal to clinicians, such as couple, marital, and family therapists, counselors, psychologists, social workers, and psychiatrists. It will also benefit researchers, educators, and graduate students involved in CMFT.

Discusses contemporary research that examines the ways that close relationships are involved in, and affected by, health and wellness.

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